



# The DANG TROTH



166th Airlift Wing, Delaware Air National Guard - New Castle ANG Base, Delaware

Center of Influence pg. 4



# UTA events

## Friday, Nov. 4:

- PT testing, 7:15 a.m., Base Fitness Center
- PME, CDC and ECI Testing: 7:30 a.m.-12:30 p.m., FSS, HQ, Bldg. 2600
- Restricted area badge photos, out-processing, SFS, Bldg. 2703, 8 a.m.-3:30 p.m.
- Finance customer service: 8:30 a.m.-3:30 p.m.; Bldg. 2600/Pay Section.
- First Sergeants Council mtg., Noon-2 p.m., Bldg 2600, Riley Rm.
- Wing Staff mtg., 2:00 p.m., Bldg. 2600, Loeffel Rm.
- Chief's Council Meeting, 9:00 - 10:00 a.m., OPS Theater.

## Saturday, Nov. 5:

- PT testing, 7:15 a.m., Base Fitness Center
- PME, CDC and ECI Testing: 7:30 a.m.-12:30 p.m., FSS, Bldg. 2600
- Restricted area badge photos, out-processing, SFS, Bldg. 2703, 8-11:30 a.m./12:30-3:30 p.m.
- Profession of Arms Center of Influence Training, Bldg 2600, 7:30 a.m. - 12:30 p.m.
- FSS Customer Service: 9 a.m. - 2:30 p.m.
- Finance Customer Service: 9:30 a.m.-3:30 p.m., Bldg. 2600, Pay Section
- Immunizations, 8 a.m.-3:30 p.m., Clinic
- Bring a friend to drill day, 9 a.m. -1200 p.m., Loeffell Rm.
- Green Dot Training, 10:00 a.m.-11:30 a.m., Loeffel Rm.
- CCAF graduation, 1:00 p.m.- 1:45 p.m., Loeffel Room
- OPR/ EPR training, 1:00 p.m.- 1:45 p.m., LRS training Rm.
- SMSgt Duca Promotion Ceremony, 2:00 p.m.- 3:00 p.m., Loeffel Rm.
- Lt. Col. Christman Promo., 3:30 p.m. - 4:30 p.m.

## Sunday, Nov. 6:

- PT testing, 7:15-9:30 a.m. & 9:30-11:30 a.m. Base Fitness Center.
- Protestant Services, 7:30 a.m., S.A.T., Bldg. 2815
- Catholic Mass, 8:30 a.m., S.A.T., Bldg. 2815
- PME, CDC and ECI Testing: 7:30 a.m.-12:30 p.m., FSS, Bldg. 2600
- FSS Customer Service: 9 a.m.-2:30 p.m.
- Finance customer service: 9:30-11:30 a.m.
- Junior Enlisted Council Open Forum Meeting, 12:00 p.m.- 1:00 p.m., MXG Conference Room
- GreenDot Training, 10-11:30a.m., Loeffel
- Welcome Home Ceremony, 2:00 p.m.- 3:00 p.m., MXG Hangar
- Lt. Col. Brooks Ret., 3:30 p.m., Loeffel Rm.

# Coming Events

- 18-20 Nov. - Yellow Ribbon, Balt. Inner Harbor
- 3 Dec. - Pictures w/ Santa, 12:30 p.m.- 3:00 p.m.
- 3 Dec. - Holiday Party, 5:30- 10:30 p.m.

## UTA schedule FY2017

Nov. 5-6, 2016

Dec. 3-4, 2016

Jan. 7-8, 2016

# Career News

## October 2016

### Appointed:

None

### Promotions:

#### To Lieutenant Colonel:

Lenore Hackenyos, HQ ANG

#### To Master Sergeant:

Daniel Ginevan, 166 MXS

Nafis Beyah, 166 OSS

#### To Technical Sergeant:

Sanaa Andrews, 166 LRS

Wayne Bormann, 166 CES

Carlos Diaz, 166 CFT

Samantha Power, 142 AES

Bryan Ross, 166 CES

#### To Senior Airman:

Christopher Cruz, 166 FSS

Amanda Pagano, 166 SFS

Dominique Dimatteo, 142 AES

Hector Hernandez, 166 MXS

Michael Berth, 166 CES

Abigail Hillingsworth, 142 AES

### Enlistments:

SSgt Laurencio Abrego, 166 MXS

A1C Wesley Hsu, 166 MOF

MSgt Jennifer Wilson, 142 AES

TSgt Jade Quartone, 166 FSS

SSgt Christopher Cellesini, 166 LRS

SSgt Galo Bascope, 142 AS

SrA Marcus Lea, 166 CFT

### Retirements:

Lt. Col. Melchor Correa, HQ DE ANG

Lt. Col. Francis, 166 AMXS

MSgt Robert Maiuro, 166 MXS

MSgt Daniel McCabe, 166 SFS

MSgt Eunice Kindle, 166 OPS

MSgt Gregory Spencer, 166 AW

MSgt Nicholas Skokowski, 166 MXS

MSgt John Dimon, 166 MXS

MSgt Thomas Williams, 166 MXS

## DE ANG Recruiting

1-800-742-6713, 1-866-NOW-DANG, or  
Local (302) 323-3444

## DE ANG Retention

(302) 323-3413

166AW Air Force Public Web site:

<http://www.166aw.ang.af.mil>

166AW Facebook page:

[www.facebook.com/166thAirliftWing](http://www.facebook.com/166thAirliftWing)

166AW YouTube page:

[www.youtube.com/channel/UCBthSguwq9CkpF-CbsXENAQ](http://www.youtube.com/channel/UCBthSguwq9CkpF-CbsXENAQ)

Go ANG Delaware Recruiting page:

[www.goang.com/de](http://www.goang.com/de)

DE National Guard web site:

[www.de.ng.mil](http://www.de.ng.mil)

DE National Guard Facebook page:

[www.facebook.com/DelawareNationalGuard](http://www.facebook.com/DelawareNationalGuard)

## Officer jobs

[www.delawarenationalguard.com/join/air/air\\_officer/](http://www.delawarenationalguard.com/join/air/air_officer/)

## Enlisted jobs

[www.delawarenationalguard.com/join/air/air\\_enlisted/](http://www.delawarenationalguard.com/join/air/air_enlisted/)

For career descriptions: [www.goang.com](http://www.goang.com).

## On the cover:

**Members of the 142d Aeromedical Evacuation Squadron and the 166th Operations Group take a photo with Chris Coons, United States Senator for Delaware held on Oct. 20, 2016. (U.S. Air National Guard photo by Staff Sgt. John Michaels)**

### Wing Vision Statement:

*To be ready, relevant, and reliable Airmen who are highly trained and motivated to aid the state and nation.*

### Wing Mission Statement:

*The mission of the 166th Airlift Wing is to provide tactical airlift and airdrop of troops, cargo and passengers using C-130 aircraft, plus aeromedical evacuation, civil engineer and network warfare functions.*

### Airman's Attic

**Open to all members of the Delaware National Guard and their families.**

**Building 2716**

**Open during normal duty hours during UTA's and by appointment during the week.**

**POC: Chief MSgt Springsteen  
[jeffrey.p.springsteen.mil@mail.mil](mailto:jeffrey.p.springsteen.mil@mail.mil)  
302-323-3548**

# Commander's Corner

by **Colonel Peter W. Bickel**  
*Commander, 166th Medical Squadron*

Our 166th Medical Group is responsible for providing equipped, knowledgeable and skilled Airmen to support our wing, state and nation. These medical Airmen are dedicated and trained to serve you. In the spirit of the minuteman, we need to be always ready.

At the start of our health care careers we went through a curriculum to learn how to do what we do to maintain or improve the human condition. We learned anatomy or how the body is built, physiology or how the body should work, pathology or the cause and progression of disease, and treatment or the ways we can fix the body or alter disease.

In other words, there was an approach or a template we employed to be effective in our work. Certainly, you have done the same in your field of endeavor.

The Seven Habits of Highly Effective People, which follow, can provide you with an approach or a template for your personal and professional lives.

1. Be Proactive: Get started. You are responsible for results.
2. Begin With the End in Mind: Determine your vision. Use your resources on what you can control.
3. Put First Things First: Prioritize. Schedule your most important things first, and then schedule around them with your lower priority things second or third.
4. Think "Win-Win": Nobody knows it all or effectively goes it alone. Consider the adage, "You can get everything



**Col. Peter W. Bickel**

in life you want, if you will just help enough other people get what they want in life."

5. Seek First to Understand, Then to Be Understood: Effectively communicate at all levels.
6. Synergize: Diversity works; seek out people with different points of view.
7. Sharpen the Saw: Make time to improve and rejuvenate yourself.

You may already have an approach or a template that helps you to be more effective in your personal and professional lives. However, if you are looking for a new approach, the Seven Habits of Highly Effective People may be for you.

Important information to know:

- Access your Individual Medical Readiness (IMR) via the Air Force Portal.
- Get your Flu Shot at the Medical Group over the RSD.

## The DANG Truth

166th Airlift Wing leadership

**Colonel Robert E. Culcasi**

*Commander*

**Colonel David Walker**

*Vice Commander*

**Chief Master Sgt. Shaune Peters**

*Wing Command Chief*

### DANG Truth Editorial Staff

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**Tech. Sgt. Stephen Froeber**

*Broadcast Journalist*

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**Staff Sgt. John Michaels**

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**Staff Sgt. Nathan Bright**

*Broadcast Journalist*

**Staff Sgt. Alonzo Chapman**

*Photojournalist*

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Email comments to:

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**Sexual Assault**  
 Awareness and Prevention  
 Maj. Murray  
 302-250-1802



# Community learns DNG mission first hand

by **Tech. Sgt. Gwendolyn Blakley**  
*Wing Public Affairs*

On October 20th, the Delaware National Guard conducted a Center of Influence Orientation and airlift. This event is conducted several times each year and provides an opportunity for members of the community to learn more about the Delaware National Guard and interact with our Soldiers and Airmen. The highlight is an orientation flight in a military aircraft.

Approximately thirty organizations were represented by members and

leadership during this event. At the start of the day visitors received a welcome from DNG leadership including Maj. Gen. Frank Vavala, adjutant general, Delaware National Guard; Brig. Gen. Carol Timmons, assistant adjutant general - Air, Delaware National Guard-Air; and Col. Robert Culcasi, commander, 166th Airlift Wing.

Vavala highlighted a variety of areas that make the DNG an important entity within the National Guard and the military as a whole during a presentation.

“The Guard is constitutionally unique in that we are the only military entity with both a federal and state mission,” said Vavala. “We can accomplish both missions because we are interwoven into the very fabric of our state. We live and work in the local community. We have every profession you can think of working as members of our National Guard and have responded to every call - both at home and overseas.”

During the morning opener, Lt. Col. Angela Showell, deputy plans and

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*U.S. Air National Guard photo by Tech. Sgt. Gwendolyn Blakley*

**Center of Influence community members prepare for take-off aboard a C130H aircraft during a Center of Influence event at the Delaware Air National Guard Base in New Castle, Del. on October 20, 2016.**

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U.S. Air National Guard photo by Tech. Sgt. Gwendolyn Blakley

**Jason Miller from Governor Jack Markell’s office looks out the window of a C-130H aircraft and views the state of Delaware from up above the clouds on October 20, 2016.**

lices, Delaware National Guard, introduced cadets who have demonstrated hard work and dedication while participating in the Capital Guardian Youth Challenge Academy.

The DNG and CGYCA partnered together with the goal of providing Delaware youth with opportunities for self-improvement, personal growth, and academic achievement. The partnership offered a military structured environment that integrated mentorship, training, educational activities, and extracurricular activities to the cadets.

“This past July cadets enrolled in a 22-week residential program, and will graduate December 12, 2016. The ca-

dets have participated in components that include leadership-followership, mental health fitness, and academics. They have been working towards successfully completing the General Education Development program by the time they graduate,” said Showell. “Cadets have a follow-on mentorship component with mentors that they have met throughout the duration of the program.”

Cadets spoke to the audience about their participation in the Summer Youth Challenge, and provided insight about why they joined the program.

Following morning introductions and exchanges between visitors and DNG staff, cadets and COI visitors were

given a tour of the 166th Airlift Wing firehouse, and visited the DNG Army Aviation Support Facility.

Tech Sgt. Samantha Power, 142d aeromedical evacuation technician, said “It was rewarding to educate and inspire new cadets about the aeromedical evacuation mission, and also show Delaware’s local leadership our working environment and patient evacuation process at the Center of Influence.”

Through the conclusion of the day COI guests rode aboard a C130H aircraft. Colonel Culcasi was the pilot of the aircraft. Members of the 166th Operations Group and 142d AES greeted all guests

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upon arrival to the Delaware ANG airfield. Chris Coons, United States Senator for Delaware, joined other COI guests for the flight.

“I’ve been looking forward to my first flight with the Delaware Air National Guard aboard a C130H,” said Sen. Coons.

Guests were given safety instructions throughout all phases of the flight. Once in flight, guests had the opportunity to move around the aircraft, view out the windows, mingle together, and speak with members of the aircrew. The flight allowed members of the community to get a glimpse of military flight staff in action. Guest Silvia Veitia, head of customer

experience, Barclay Card, stated, “I have gained a huge appreciation for the work the entire National Guard does every day. You have my gratitude and appreciation.”

During the COI flight members of the 142d AES performed in-flight training, and interacted with passengers. Tech. Sgt. Erin McGillian, health service technician, has participated in a COI flight once before and shared her thoughts on this mission.

“The Center of Influence is a great opportunity to educate our civilian leadership on the importance of our mission on both a local and global level,” said McGillian. COI is an event that connects the local community with their local military neighbors, leadership, and state rep-

resentatives; this event will potentially grow and strengthen relationships.

Senator Coons expressed his appreciation to all COI members that put the event together.

“It was a remarkable experience to see all the components that go into a training flight like this and the focus on teamwork, communication, preparation. Thank you very much to Col. Robert Culcasi, flight crew members of the 142d Aeromedical Evacuation Squadron and 166th Operations Squadron,” said Coons.



*U.S. Air National Guard photo by Tech. Sgt. Gwendolyn Blakley*

**Robert Culcasi, commander, 166th Airlift Wing, guides a C130H aircraft, while Chris Coons, United States Senator of Delaware, center, and Senior Master Sgt. Mike Murphy, flight engineer, 166th Operations Group look out into the sky on October 20, 2016.**

# Health and Wellness Expo



*U.S. Air National Guard photos by Staff Sgt. Andrew Horgan*

## Happy – Healthy – Strong

The Delaware National Guard family had the opportunity to host the 7th Annual Health and Wellness EXPO. Over 60 vendors spoke to Soldiers and Airmen and provided resources available to members during a “one stop shopping” experience held at the “Beau” Biden Delaware National Guard Reserve Center on October 20, 2016.



# Wing hosts professional development seminar

by **Staff Sgt. Alonzo Chapman**  
*Wing Public Affairs*

Over 500 Airmen assigned to the 166th Airlift Wing participated in a professional development seminar held at the Delaware Air National Guard base on October 22 - 23, 2016.

Lt. Col. Teresa Roberts with the Profession of Arms Center of Excellence presented, "Professionalism: Enhancing Human Capital," a course focused on self-reflection as a means to better understand how Airmen can strengthen their personal and professional relationships.

Topics of discussion included effective communication techniques, the attributes and dangers of personal bias, and how to develop productive,

healthy relationships. Attendees also participated in group exercises and shared personal stories to emphasize the proactive approach required to creating positive change in one's life.

"There's always something we can be doing," said Roberts. "There's always room for improvement."

Enhancing Human Capital was originally developed in 2014 as a component of senior officer professional military education. However, in late 2015 former Chief of Staff of the Air Force Gen. Mark A. Welsh III directed it be taught to Airmen—military and civilian—at all levels.

Members of the 166 AW now join 40,000 Air Force personnel who have participated in the Enhancing Human

Capital course since its inception. And in an effort to further expand the professional development training available to Airmen, PACE plans on rolling out other courses in the near future. One course currently in development is "Shaping the Environment," which will examine how to create an environment where people actively listen.

Understanding change can be difficult, Lt. Col. Roberts encourages Airmen to take little steps toward self-improvement by implementing the lessons learned from her course. "Make an individual assessment and pick one thing to improve," she said. "It takes time to make a new habit."

For more information on PACE and resources related to professional development, visit [www.airman.af.mil](http://www.airman.af.mil).



*U.S. Air National Guard photo by Staff. Sgt. Alonzo Chapman*

**Instructor Lt. Col. Theresa Roberts discusses the importance of values during a Profession of Arms Center of Excellence course presented to members of the 166th Airlift Wing on October 22, 2016.**

# DANG Holiday Volunteers



U.S. Air National Guard courtesy photo

Delaware Air National Guard volunteers along with family members assembled to spread holiday cheer to those less fortunate. The group packed boxes with items such as hair brushes, tooth brushes, beanie babies, coloring books, and crayons to be sent to communities in Africa.

Great Job Master Sgt. Shawn Clifton, Tech. Sgt. Christine Pfeiffer, Tech. Sgt. Stacey Walker, Staff Sgt. Briana Walker, Senior Airman Rashidah Alston, and Airman First Class Helen Zena!

## Don't forget to sign up...

**Photos with  
Santa**

Come visit with Santa at the nose of a C-130 Aircraft and the Public Affairs Office will take a group/family photo!  
Light Refreshments and snacks will be available.

**Saturday, 12:30 p.m. to Dec. 3rd 3:00 p.m.**

At Delaware Air National Guard Main Hangar

For further information, contact A&FRP Office at (302) 323-3327

**Annual Wing Holiday Party**  
**Saturday, Dec. 3, 2016**  
**5:30 - 10:30 p.m.**  
**Hilton Wilmington,**  
**Christiana Ballroom**  
**RSVP by Nov. 15, 2016.**