

Volume 53, No. 8 — August 2013

166th Airlift Wing, Delaware Air National Guard New Castle ANG Base, Delaware



U.S. Air National Guard photo by Tech. Sgt. Benjamin Matwey

Three civilian guests from Baltimore listen to Staff Sgt. June Squires, 166th Medical Group, during the first *Bring a Friend to Drill Day* at the Delaware Air National Guard Base, July 14, 2013. Queoshay Dickens, bottom right, now in nursing school, wants to become a cardiopulmonary technician in the medical group. Irina Pekarek, bottom left, originally from Russia, was making her first visit to a military base. Christy Post, top right, about to enter the Baltimore Police Academy, is interested in joining the aeromedical evacuation squadron.

Bring a Friend to Drill Day

By Tech. Sgt. Robin Meredith Wing Public Affairs

One of the visitors to the "Bring a Friend to Drill Day" on July 14 was Kimberly Scroger, Newark resident and Delaware Technical & Community College student. She is also the niece, daughter, and cousin of Delaware Air Guard members.

Ms. Scroger is considering continuing the family's legacy and was present during the event to see what exactly goes into being in the Guard. Senior Master Sgt. Paul Duca, 166th Civil Engineer Squadron superintendent, is Scroger's uncle and brought her to the day's activities. "I like the idea of blowing things up," she says when taken through the static displays.

Technical Sgt. Aaron Weber, Duca's son and Scroger's cousin, is an explosive ordnance disposal technician and showed her what it takes to do his job. After hearing about their mission and capabilities, she is greatly interested in security forces.



U.S. Air National Guard photo by Tech. Sgt. Robin Meredith

Kimberly Scroger tries on explosive ordnance disposal gear

The DANG Truth

166th Airlift Wing Leadership

......Wing Command Chief

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Editor's note: Digital issues posted on our Air Force Public Web site, and on our Facebook page (editions not mailed).

August UTA events

August 2, Friday:

- PT Testing: 0730-0930, Wm. Penn H.S. (arrive at 0715; all participants must be in a military status approved by their unit; schedule prior to test date through Unit Fitness Monitor; must wear only the Air Force PT Uniform)

August 3, Saturday:

- PT Testing: 0730-0930, Wm. Penn H.S.

August 4, Sunday:

- **PT Testing**: 0730-0930, Wm. Penn H.S.
- **Protestant Services**: 0745-0800, Bldg. 2815, SAT (Small Air Terminal) Hangar
- Catholic Mass: 0830-0930, Bldg. 2815, Small Air Terminal Hangar

UTA schedule 2013-14

 03-04
 Aug 2013
 01-02
 Mar 2014

 07-08
 Sep 2013
 05-06
 Apr 2014

 19-20
 Oct 2013
 03-04
 May 2014

 02-03
 Nov 2013
 07-08
 Jun 2014

 07-08
 Dec 2013
 12-13
 Jul 2014

 11-12
 Jan 2014
 02-03
 Aug 2014

 01-02
 Feb 2014
 06-07
 Sep 2014

Note -- Sept. 7-13: Home Station ORE

Personnel actions July 2013

Enlistments:

June enlistments::

Alexander, Letonia, Airman 1st Class, MDG Baker, Melissa, Master Sgt., 166 MDG Hoffman, Flor De, Senior Airman, MDG Knight, Suzanna, Tech Sgt., AW Rulewicz, Jerome, Senior Airman, MOF Vrancik, Andrew, Airman 1st Class, SFS Windish, Christopher, Airman 1st Class, MXS July enlistments:

Brich, Robert, Lt. Col., AES Gill, Joshua, Airman 1st Class, OSF Kidd, Shamecca, Airman 1st Class, OSF Manning, Jessica, Senior Airman, FSS Mickens, Andre, Airman 1st Class, MXS Thomas, Michael, Airman 1st Class, CES

Promotions:

To MASTER SERGEANT:

Koenigsmann, Daniel, 166 NWS Minner, Douglas, 166 CES Walsh, Katy, 166 LRS

To TECHNICAL SERGEANT:

Arnold, Victoria, 142 AES Glass, Sean, 166 CES Richburg, Stephan, 166 CFT Waller, Nathalie, 166 OSF

To STAFF SERGEANT:

Borja, Robin, 142 AES Smith, Philip, 166 CFT

To SENIOR AIRMAN:

Moore, Nathan, 166 MX Rosario, Jasmine, 142 AES

Retirements:

None this period

DE ANG Recruiting:

1-800-742-6713, 1-866-NOW-DANG, or Local (302) 323-3444

DE ANG Retention:

(302) 323-3413

166AW Air Force Public Web site: www.166aw.ang.af.mil

166AW Facebook page:

www.facebook.com/166thAirliftWing

DE Air Guard Recruiting Facebook page: www.facebook.com/DEAirGuardRecruiting

DE National Guard web site:

www.DelawareNationalGuard.com

DE National Guard Facebook page:

www.facebook.com/DelawareNationalGuard

Medical openings

Hiring for officers in traditional positions; no closeout dates apply unless indicated: www. delawarenationalguard.com/join/air/air officer/:

142nd Aeromedical Evacuation Squadron:

- Flight Nurse, Medical Service Corps Officer **142nd Airlift Squadron:**
 - GMO Flight Surgeon

166th Medical Group:

- Aerospace Medical Specialist, Dentist, Family Physician, Flight Surgeon, Internist, Medical Service Corps Officer, Physician Assistant, Surgeon

Enlisted jobs

Visit: www.delawarenationalguard.com/join/air/air enlisted/. Career descriptions: www.goang.com.

Coming events

Sept. 7-13: Modified home station Operational Readiness Exercise (ORE) involving roughly 350 people from the 166th Airlift Wing at the New Castle ANG Base.

Sept. 16: 31st Annual DNG Golf Tournament

Don't prevent

your own

promotion:

Complete your PME!

"We Take Care of Our Own"

By 2nd Lt. Valerie Harwood Wing Public Affairs

"We Take Care of Our Own." That's the motto the Delaware National Guard staff and campers at Camp Colwell display on the back of their t-shirts. The camp, held July 21-27, 2013, provided a week long program filled with activities and field trips for Delaware National Guard children.

Camp Colwell is available to children who have a family member who is serving or has served in the Delaware National Guard. The camp is for ages nine to 17 and is located at the Delaware National Guard Training Site in Bethany Beach, Delaware.

"The camp is usually held the third week in July unless otherwise stated. The cost to attend Camp Colwell is only \$75 but if you deploy three months prior or up until three months after there is no cost," stated U.S. Air Force Staff Sgt. Sylvia Dozier, camp security.

The camp also held its own military appreciation day, during which the students lined up in formation and greeted Maj. Gen. Frank Vavala, adjutant general, Delaware National Guard, upon his arrival on a UH-60 Black hawk helicopter from New Castle.

Gen. Vavala joined the children in demonstrating their skills on the Rugged Outdoor Pursuit of Education (ROPES) confidence course. ROPES courses are designed to promote team building and personal development through challenging outdoor physical activities.

"One of my dreams was to have something for the kids. Thirteen years ago I worked closely with camp founder Ernie Colwell to create something fun and positive for the kids," said Vavala.



Building Trust U.S. Air National Guard photo by 2nd Lt. Valerie Harwood Campers at Camp Colwell spent part of July 24, 2013 going through team-building exercises at the Bethany Beach Training Site's Rug-

team-building exercises at the Bethany Beach Training Site's Rugged Outdoor Pursuit Education System. One event required the kids to pass one another on a log without touching the ground.

Besides learning cadences, formations and the ROPES courses, campers also traveled to the Delaware State Fair, Jolly Rogers Amusement Park, Rehoboth Beach, and watched *Turbo* at the theatre.

Returning camper 11 year old Alejandro Olivares stated, "I came back this year because it was fun and I like waking up early. I also like all the activities we do." Alejandro is one of the many campers who had first-hand experience of a family member being deployed. Alejandro's father, 1st Lt. Julian Olivares a flight nurse, returned home from a five month deployment to Kandahar, Afghanistan on June 10, 2013.

"All the staff members are to be commended because they donate their time to work with our youth," said Vavala. Third year volunteer Master Sgt. Jeffrey Longfellow, munitions chief with the 166th Airlift Wing, took military leave to volunteer at Camp Colwell. "I love being here and working with the kids. My own son started coming three years ago," said Longfellow.

At the end of the week, the staff collects surveys from the kids to see what activities they liked the best or least and also to see what they can do differently or add to the program for next year.

For more information about Camp Colwell visit, http://www.delawarenationalguard.com/familyreadiness/youth/or e-mail Ms. Kim King, camp secretary at kingkj270@gmail.com.



"I've got spirit, how 'bout you?"

U.S. Air National Guard photo by 2nd Lt. Valerie Harwood

Maj. Gen. Frank Vavala, Delaware National Guard, directs cheers to determine which platoon has the most spirit. He visited Camp Colwell at the Bethany Beach Training Site on Wednesday, July 24, 2013. The one-week camp, run by volunteers each summer, is exclusively for military youth connected to the Delaware National Guard.

Information on camps in the local area:

How to Choose a Summer Camp, http://www.summercamp.org/guidance/pamphlet.html Kids Camp, http://www.kidscamps.com/

American Camp Association, http://www.acacamps.org/

Delaware State Parks, http://www.destateparks.com/programs/summer-camps/index.asp

Cost comparison of similar camps in the general area

Name	Cost	Gen-	Ages	Location	Available to
		der			
Camp Colwell	\$75/wk	Coed	9-17	Bethany Beach,	Children of National
				Delaware	Guard members
Camp Arrowhead	\$501-650/	Coed	8-17	Lewes, Delaware	Delaware residents
	wk				
Children's Beach	\$800/wk	Coed	6-18	Lewes, Delaware	Delaware residents
House					

New ideas welcomed

By Tech. Sgt. Benjamin Matwey Wing Public Affairs

The Operation Full Strength team, tasked with putting good recruiting ideas into practice, wants to hear your good ideas to support the unit's ongoing effort to gain new recruits and raise our overall manning levels!

We began publicizing this effort in the July edition of The DANG Truth, and we encourage continual suggestions.

Your ideas are welcome whether you are a full-time or traditional member, a recent enlistee or a seasoned pro with decades of service. Each Airman brings

a new or different perspective based on your life experience. You just never know when one good idea will spark another. Please pass those ideas on!

Submit your ideas to 166aw.fullstrength@ang.af.mil.

Give life-saving blood during August UTA

BE SOMEONE'S HERO GIVE BLOOD

Day/Date: When: Saturday, August 3

Time: 9:00 a.m. to 2:00 p.m.

Where: Bloodmobile at Main Hanger,

Bldg 2909

Delmarva needs 83,000 pints a year. You only need to give one.



80 guests visit base for first Bring a Friend to Drill Day

By Tech. Sgt. Benjamin Matwey Wing Public Affairs

The unit's first Bring a Friend to Drill Day on Sunday morning, July 14, attracted about 80 civilian and prior service guests who were here to learn about the career opportunities and benefits available in the Delaware Air Natonal Guard.

The guests asked questions about tatoos, physical fitness, medical conditions and evaluations, ways the military can further one's college education, the steps to become enlisted and requirements to becoming an officer.

The people asking the questions were a range of military-eligible young men and women who took the time to attend the unit's first Bring a Friend fo Drill Day, a new initiative by the recruiting team.

The guests, from N.J., Pa., Del. and Md., came on base with some knowledge of the unit imparted from a friend or family member who informed them of the opportunity.

The variety of attendees was exactly what the recruiters were looking for.

Luke McFadden, age 18, from Bear, Del., is awaiting basic training and technical school. His technical school will be at Sheppard Air Force Base, Texas, where he will study aircraft electrical and environmental systems.

McFadden invited his friend James Tucker. Tucker is in the Associate Arts program at Delaware Technical & Community College, and plans to transfer to the University of Delaware McFadden and Tucker completed high

same time

Three females from Baltimore came at the invitation of Staff Sgt. June Squires, 166th Medical Group. Ms. Queoshay Dickens, now in nursing school, wants to become a cardiopulmonary technician in the medical group. Ms. Irina Pekarek, originally from Russia, was making her first visit to a military base. Ms. Christy Post, who is about to enter the Baltimore Police Academy, is interested in joining the aeromedical evacuation squadron.

Attendees were advised to start working out before they enter basic military training (BMT). Men and women have to meet set fitness requirements before, during and after BMT. "In the military, there is nothing gender specific except the bathrooms," said production recruiter Senior Airman Desmond Overton.

school via homeschooling at about the After attending the initial briefing, the visitors were taken to the flight line to tour a C-130 and view demonstrations by Explosive Ordinance Disposal, small terminal operations, aircrew flight equipment, propulsions shop, civil engineering, fire department, security forces, and the aeromedical evacuation squadron. They watched Airmen perform a variety of jobs, and heard subject matter experts talk about their part-time military experience.

> Community members who wish to learn about opportunities in the Delaware ANG have several options.

> They may call the recruiting office at (302) 323-3444, or visit www.facebook.com/DEAirGuardRecruiting. www.facebook.com/166thAirliftWing, www.166aw.ang.af.mil, or www.goang.com/DE.



U.S. Air National Guard photo by Tech.Sgt. Robin Meredith

Visitors are briefed as they tour a C-130 static display at the New Castle Air National Guard Base July 14, 2013 during the unit's first Bring a Friend to Drill Day for military-eligible civilians.

Sexual Assualt Prevention and Response (SAPR)

SAPR Stand Down

When: Saturday, Aug. 3rd @ 0830

Where: Loeffel Room and OPS Theater

OG and MXG will attend training in the OPS Theater.

JFHQ, Little AW, NWS, MDG, and MSG will attend training in the Loeffel Room.

Sexual Assault; Myths and Misconceptions

MYTH: Most/many/ a lot of reports of sexual assault are false.

FACT: The Department of Justice has consistently found the percentage of false reports of sexual assault to be the same as any other crime, between 2-7%.

The simple truth is, despite the anecdotes and stories that circulate on base and at bars, an insignificant amount of reports are found to be false. So the story you heard about the girlfriend getting back at her ex or the Airman who changed her mind after a night of drunk sex are just that — individual stories. These represent a fraction of actual sexual assaults that happen that you didn't hear about. Think about what that means.

MYTH: The way you dress and present yourself can lead to getting raped.

FACT: How someone dresses has nothing to do with whether or not they will be a victim of sexual assault. It is a crime of opportunity and the perpetrator is always responsible if they make the decision to harm a fellow Airman. Sexual assault is a crime of opportunity and the perpetrator is ALWAYS responsible for their actions if they decide to harm a fellow Airman.

MYTH: Guys don't need to worry about getting raped. Women are always the victims.

FACT: Based on the cases reported to the Veterans Administration, there are more male victims of sexual assault in the military than female. The majority of men who sexually assault or rape other men are heterosexual. In these cases, rape is about power and control, not sexual gratification.