



THE DANG TRUTH

AUGUST 2020

COMMANDER'S PRIORITIES

#1 priority for drill: Mandatory OPSEC training for everyone
Racial Disparity Discussions

WING / MAJOR EVENTS

7 August – Friday:

1100-1230 First Sergeants' Meeting
Bldg. 2600, Riley Room
1300-1400 Chief's Council Meeting (Including 9G Sync) Bldg. 2821, LRS Training Room
1400-1500, RSD Review & Wing CC's Staff Meeting, Loeffel Room
1500-1530 Diversity and Inclusion Quarterly Brief Bldg. 2600, Loeffel Room

8 August – Saturday:

See Flying Schedule

9 August – Sunday:

0900-1000 Personal Meditation, Prayer, or Spiritual Reflection Bldg, 2821, Meditation Rm
See Flying Schedule

ANCILLARY TRAINING

CC Talking Points: SAPR TP #3
Hatch Act training

UPCOMING EVENTS

TRIAD Offsite: Loeffel Rm or Virtually/NCCA, 12-18 Sept., Oct. TBA
TAP Brief 12 Sept. 2020

PROMOTIONS

Andrew Diguglielmo to TSgt
Lakeisha Rodriguez to TSgt
Letecia Adams to SSgt
Robert Deberardinis to SSgt
Jonathan Eng to SSgt
Gloria Soto to SSgt
Robert Alscher to SrA
Samuel Loftin to SrA
Kyle Naples to SrA
Dean Marsh to Amn

RETIREMENTS

MSgt Richard Loyek
MSgt Brett Sever



To the Delaware National Guard family,

It is with deep sadness that I must inform you of the sudden and untimely death of Major General (Ret) Carol A. Timmons our former Adjutant General.

Her passing is a terrible loss to all of us in the Delaware National Guard family. We grieve with her immediate family and we ask that you keep them in your thoughts and prayers.

Funeral Service details will be finalized shortly and provided in the near future.

Anyone who requires assistance or feels a need to talk to someone is encouraged to contact one of the following:

- Chaplain Office, 302.326.7718 or 302.323.3367
- Family Support, 302.326.7582
- Military OneSource, 800.342.9647 or 302.326.7455

Services offered include dealing with grief, sadness, guilt, loss, and fear.

Major General Michael R. Berry
The Adjutant General, Delaware National Guard

Social Media Links:

Facebook:166th Airlift Wing Instagram:@166thAirliftWing Flickr: delawareairnationalguard

...And *that's* the DANG Truth!



THE DANG TRUTH



In remembrance of Maj Gen Carol Timmons

I would like to take a moment to pay tribute to Major General Carol Timmons. While I personally knew no one in Delaware before having the great honor to serve here, Maj Gen Timmons' reputation proceeded her in the best possible way. Although our first meeting was after I became the 166 AW/CC, I followed in Maj Gen Timmons' footsteps throughout my entire military career as she and I had both served as pilots in the mighty Hercules.

She defined the term "trailblazer" in every aspect – from her Army to Air Force experience, to her many deployments including serving as the AFCENT Director of Mobility Forces (DIRMOBFOR), to her commercial airline career, and to her wonderful marriage to her lovely wife, Lynn. When I was a young officer, I heard of her becoming the DIRMOBFOR and thought to myself, "Well, if she can do it, so can I!" I have heard many stories of how Maj Gen Timmons was always Delaware's biggest advocate in her day-to-day life. And she was certainly not shy in recruiting a talented person into the DNG's ranks. Motivating women to join the military or take up an interest in flying proved just a sampling of the many passions she enjoyed. She was so genuine in everything she did that every person who had the honor of meeting her was sure to remember her. Her incredible influence, known near and far, has affected many lives for the better.

The airmen of the 166th Airlift Wing and the soldiers of the DNG lost a legend, but her fantastic illustration of a life well lived will resonate with us for years to come. While we share in her friends' and family's mourning, we wish her a sincere "Blue skies and tailwinds, ma'am. We salute you,"

Col Carla D. Riner
Commander, 166th Airlift Wing



THE DANG TRUTH

DELAWARE NATIONAL GUARD MOURNS THE LOSS OF FORMER TAG, MAJ GEN CAROL TIMMONS



Major General Carol Timmons 1958 - 2020

Maj. Gen. Carol Timmons, Delaware's adjutant general from 2017 to 2019, died August 2, 2020. She was 62 years old.

General Timmons began her military career in 1977 as an enlisted member in the Delaware Air National Guard, and was the first female air policeman for the 166h Airlift Wing. She then transferred to the Delaware Army National Guard, earning her commission in 1980 from Officer Candidate School, Fort Benning, Georgia.

In 1981 she earned her Army pilot wings from Fort Rucker, Alabama and in 1985 she was awarded her Air Force pilot wings from Vance Air Force Base, Oklahoma.

General Timmons is a veteran of numerous contingencies and seven deployments, to include Operations Desert Shield, Desert Storm, Southern Watch, Joint Guard, Iraqi Freedom, Enduring Freedom and Inherent Resolve. Her deployed experience includes Commander of the 774th Expeditionary Airlift Squadron, Deputy Commander of the 455th Operations Group and Director of Mobility Forces, United States Air Forces Central Command.

General Timmons accrued more than 5,000 flight

hours in the C-130H "Hercules", C-141 "Starlifter" and the UH-1 "Huey" including more than 400 combat flight hours.

Timmons was a trailblazer for women in the military and the Delaware National Guard. She was one of the first female combat pilots, the first female brigadier general, then adjutant general in the Delaware National Guard. She also chaired the Delaware National Guard's Joint Diversity Executive Council, and is a member of the Delaware Aviation's Hall of Fame.

Timmons served for more than 42 years in the military.

"General Timmons was a pioneer as a helicopter pilot and the first female Adjutant General of the Delaware National Guard. She was the epitome of a public servant," said Governor John Carney. "She served her state and country for more than four decades in the Guard, rising to the position of Adjutant General. General Timmons had the respect of her colleagues and Delawareans up and down our state. She was also just a kind, decent person who put others before herself and lived a life of service. Tracey and I are thinking about General Timmons' family and many friends during this difficult time."

She will forever be remembered by her humble leadership style, and her love of her Citizen Soldiers and Citizen Airmen.

"Our Delaware National Guard Family has lost a true American Hero," said Maj. Gen. Michael Berry, Delaware Guard's current Adjutant General who assumed command from Timmons in March 2019. "Maj. Gen. Carol Timmons personified excellence while serving in our Profession of Arms. She was a true warrior who understood the importance that each service member plays in the defense of our Nation and our way of life. She ensured all members of her team had a voice and always put the welfare

of her military family members ahead of her own. She was an outstanding officer, leader and role model, and her dedication to our State and Country will be missed."

Timmons is survived by her wife, Lynn.

The funeral service information will be provided in a future update

For additional photos of Maj. Gen. Carol Timmons: <https://www.flickr.com/photos/166thairliftwing/> albums



THE DANG TRUTH

AUGUST 2020

Joint Delaware TCCC course

By CMSgt Summer Brown

The 166th Medical Group, hosted its first ever Trauma Combat Casualty Care (TCCC) course. Twelve students attended, 11 from the 166th Airlift Wing and one from the 436 Medical Group (MDG) at Dover Air Force Base. Instructors from the 166th MDG, the 142nd Aeromedical Evacuation Squadron (AES), 436th MDG, and Cooper Medical Center jointly provided deployed and real world medical-based simulation and didactic training.

TCCC is an intense 16-hour training curriculum and is a required reportable readiness task for all Air Force Medical Technicians (4N0s/4N1s). The National Association of Emergency Medical Technicians (NAEMT) provides course oversight in conjunction with the Defense Health Agency's (DHA) Deployed Medicine group. The course curriculum is evidence based with annual inputs from the DOD's Joint Trauma System research system. TCCC focuses on preparing medics to treat trauma-related battlefield injuries based on three phases of care: care under fire, tactical field care, and evacuation.

In the final training scenarios, the students were tested on all three phases. Students were stress inoculated and were issued ballistic vests, helmets, and training weapons. All students experienced three different

combat related scenarios with additional stressors to include: the 95-degree heat of July, darkness, extreme noise, lack of preparation, confusion, new skills, and unfamiliar equipment. All students completed the field exercises where they gained medical confidence, learned valuable new skills, and experienced a newfound comradery.

Supporting the course were four instructor candidates from various organizations, TSgt Leslie Hamill from the 166th MDG, SMSgt Brian Florian and MSgt Alex Galien from the 142 AES, and TSgt Chris Foster an active duty IDMT from the 436 MDG, Dover AFB. Drastically enhancing the training were the instructors' diverse backgrounds in civilian EMS, deployment, and training experiences. As they become instructors, they build a pool of Delaware cadre for future instruction.

COVID 19 provided an additional challenge in the training environment. All students and instructors were adaptable and followed CDC, TAG, and wing guidance to maintain social distancing, health and safety all while obtaining invaluable training.



Medics put Trauma Combat Casualty Care (TCCC) skills to the test in a field training scenario assessing a simulated burn patient and trauma patient, July 24, 2019 at New Castle Air National Guard Base, Del. The TCCC course provides deployed and real world medical-based simulation and didactic training. (Courtesy photo)



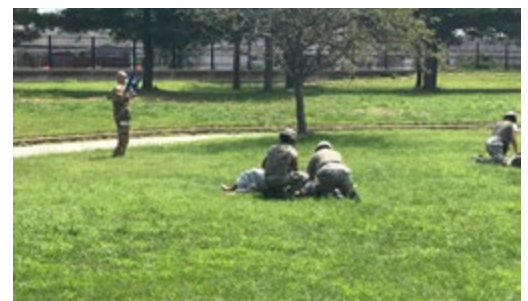
U.S. Air Force TSgt. Chris Foster of the 436th Medical Group IDMT teaches Trauma Combat Casualty Care (TCCC) medication administration and fluid management, July 24, 2019 at New Castle Air National Guard Base, Del. The TCCC course provides deployed and real world medical-based simulation and didactic training. (Courtesy photo)



U.S. Air Force Maj. Tim Galvin, SrA Chris Foster, A1C Sabrina Mendez, and Staff Sgt. Alyssa Mora participate in a bleeding control simulation during the joint Delaware Trauma Combat Casualty Care (TCCC) course, July 24, 2019 at New Castle Air National Guard Base, Del. The TCCC course provides deployed and real world medical-based simulation and didactic training. (Courtesy photo)



U.S. Air Force SrA Chris Jackson demonstrates an emergency procedure to re-inflate a collapsed lung during a Trauma Combat Casualty Care (TCCC) field training scenario, July 24, 2019 at New Castle Air National Guard Base, Del. The TCCC course provides deployed and real world medical-based simulation and didactic training. (Courtesy photo)



U.S. Air Force SMSgt. Bryan Florian of the 142 Aeromedical Evacuation Squadron provides simulated security during the joint Delaware Trauma Combat Casualty Care (TCCC) field training, July 24, 2019 at New Castle Air National Guard Base, Del. The TCCC course provides deployed and real world medical-based simulation and didactic training. (Courtesy photo)



Tour a Truck with Dover Public Library by Mr. Mitch Topal



U.S. Air Force Master Sgt. Steve Verdinelli, Staff Sgt. William Turner and U.S. Air Force First Lt. Jason Waters stand in front of the C-130 Multi-Mission Crew Trainer with Dover Public Library staff members (left to right) Heather Bernat, Susan Elizabeth Cordle and Nicholas Coll, July 29, 2020 at New Castle Air National Guard base, Del. Members of the library staff visited the wing to live-stream an episode of their Tour a Truck educational series.

The 166th Airlift Wing welcomed Dover Public Library staff members Susan Elizabeth Cordle, Heather Bernat and Nicholas Coll to the New Castle Air National Guard Base on July 29, 2020.

The group live-streamed an episode of their "Tour a Truck" educational series from the wing's C-130 Multi-Mission Crew Trainer. Tour a Truck is a spin-off from last year's Touch a Truck.

"We still wanted to offer the program, but we knew the trucks, families, and kids could not make it out to the library this year due to COVID," said Cordle. "So, Miss Heather and I put our heads together to come up with a plan. When we first came up with the idea everyone was still staying at home and we

thought getting to see where all the different 'trucks' live might help bring our viewers some comfort, and it would be a lot of fun."

Over the past eight weeks Dover Library has had the pleasure of going out to see trucks, snowplows, boats, fire trucks, helicopters, planes, and so much more, according to Cordle.

"When Dover Public Library reached out to the wing to video their Tour a Truck series, I suggested that they try our C-130 flight simulator," said Mr. Mitch Topal, the 166th Airlift Wing's Public Affairs Specialist. "They weren't disappointed."

After winning a game of rock-paper-scissors, Heather Bernat became the first of the group to fly the sim. After take-off, she flew a compass heading of 330° for about ten minutes, then followed the reciprocal course back to the airfield. To everyone's amazement, Heather was able to line up with the runway and land the plane flawlessly on her first attempt.

"I don't know what was better getting to "fly" or the friendly and energetic reception from the National Guard members," said Bernat.

Master Sgt. Steve Verdinelli, the Flight Engineer who runs the training simulator, invited flight crewmembers to act as SMEs to answer questions and describe their roles during a C-130 flying operations.

"I think the only thing which could have made it better was getting to fly in a real plane," joked Cordle.

Dover Public Library and the 166th Airlift Wing look forward to partnering on future community outreach efforts.



THE DANG TRUTH

AUGUST 2020

Stay connected during the coronavirus crisis
WITH THE AIR FORCE CONNECT APP

Team DANG,

Have you downloaded the AF Connect app from the App Store or Google Play yet?

The need for up-to-date information in an instant is imperative during this time of constant change and frequent updates.

This app will keep you up-to-date with push notifications as well as accurate and timely information at the touch of a button.

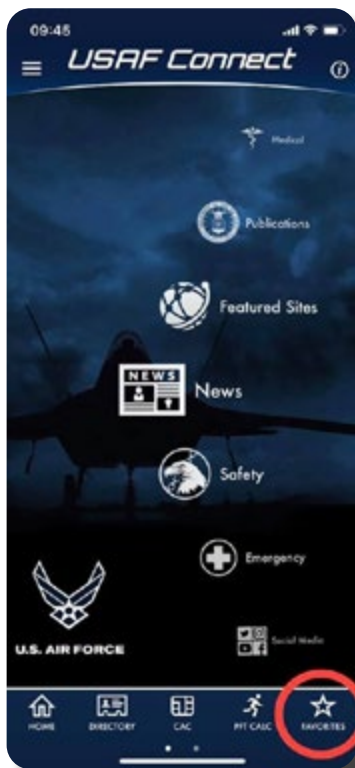
Click the following links to download on your respective device and see the following screenshots on how to add the 166th Airlift Wing's tab as a favorite.

App Store (Apple Devices):

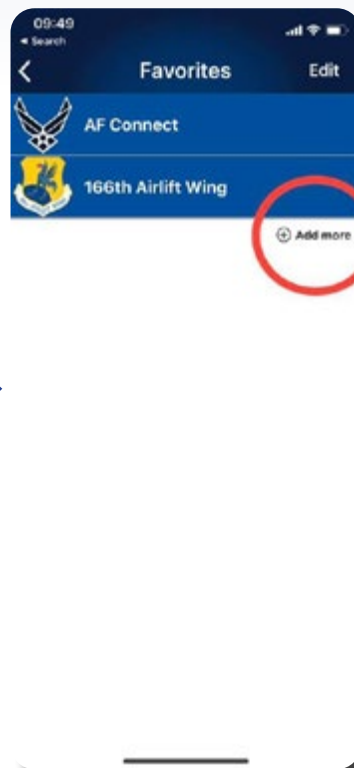
<https://apps.apple.com/us/app/usaf-connect/id1403806821>

Google Play (Android Devices):

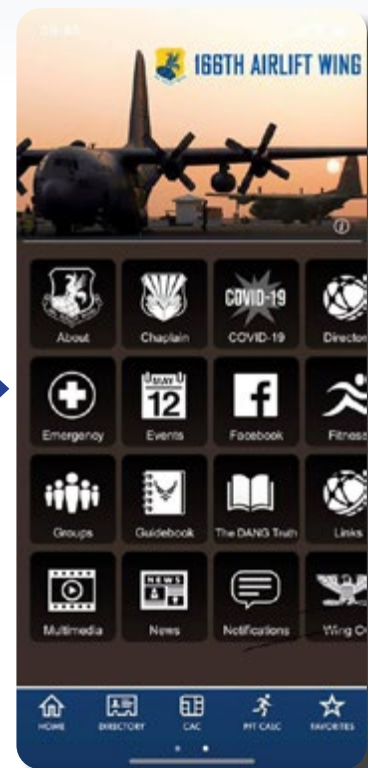
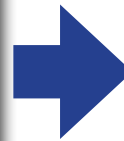
<https://play.google.com/store/apps/details?id=com.m360connect.usaf>



1. Tap on "FAVORITES"



2. Tap on "Add more"
then select "166th
Airlift Wing"



3. See these tiles
appear that point to
important links



THE DANG TRUTH

AUGUST 2020

Chaplains' Corner



“Therefore, as we have opportunity, let us do good to all people, ...”Galatians 6:10

Today brings opportunity. May you be able to help in some manner – hands, feet, chainsaws, generators,... and prayer.



**“LIVE TO LOVE;
LOVE LIFE.”**

- David Hockney



A bigger splash by David Hockney



THE DANG TRUTH

AUGUST 2020

MILITARY ON SOURCE

How Spouse Employment and Career Opportunities (SECO) Program career coaches can help military spouses prepare for Military Spouse Employment Partnership virtual hiring fairs.

Military Spouses can call and make an appointment with a SECO Career Coach at 800-342-9647. While you are waiting for your appointment, be sure to register for the virtual hiring fair you are considering.

The SECO Career Coach will be able to help you prepare for the career fair with preparation and review of your resume, creation of an elevator pitch, pre-written statements to respond to potential employers quickly. The goal is preparing for the first or second interview. Amid the COVID-19 environment, this is

important to be employment-ready for these opportunities.

Check out this article explaining career coaching opportunities for military spouses and many others available at Military OneSource:

<https://www.militaryonesource.mil/military-life-cycle/friends-extended-family/career-coaching-for-military-spouses?redirect=%2Fconfidential-help%2Finteractive-tools-services%2Fspouse-education-and-career-opportunities>



*Mr. Jovy Juanillo
Delaware Military OneSource
Consultant*

Coronavirus Disease 2019
COVID-19
What you need to know to keep your family safe and healthy.

WEAR THIS
REGULATION FACE MASK

NOT THAT
MASK WITH VALVE

Some face masks have a plastic valve embedded in the fabric. This is a one-way valve which prevents pathogens from entering but does not prevent them from leaving when you exhale. When you wear a face mask with a valve, most of what you're exhaling is unfiltered, and you're potentially putting others at risk for the spread of COVID-19.

www.tricare.mil/coronavirus





THE DANG TRUTH

Airmen and Family Readiness

4 FREE SESAME STREET APPS FOR MILITARY FAMILIES



1 Breathe, Think, Do with Sesame
This app helps your child learn Sesame's Breathe, Think, Do strategy for problem solving.



2 The Big Moving Adventure
Make moving fun! Your young child can create his own Muppet friend to help him or her through the moving process.



3 Sesame Street: Divorce
Provides parents and caregivers with tools to help children cope with the many transitions related to divorce or separation.



4 Sesame Street: Incarceration
Provides parents and caregivers with tools to help children ages 3-8 cope with the many transitions related to a parent's incarceration.

NRD.GOV