



# THE DANG TRUTH

## PANDEMIC RESPONSE - MAY 2020

### COMMANDER'S PRIORITIES

AFSC Training, Medical Readiness  
See Attachments for Telework Requirements

### WING / MAJOR EVENTS

#### **15 May – Friday:**

1400-1500, RSD Review/wing Staff Meeting, Loeffel Rm

#### **16 May – Saturday:**

See Flying Schedule

#### **17 May – Sunday:**

1300-1400, PAR Team Training, CES Training Room (Supervisors send your available PAR Team members to this training.)

### UPCOMING EVENTS

Super Drill, Jun RSD 6-9 Jun  
2020 Military Ball 26 Sep 2020

TRIAD Offsite: Army Aviation Support Facility (AASF)/ New Castle, TBD  
Family Day 13 Sep 2020  
Reminder: RSD for 11-12 July  
TAP Brief 12 Sep 2020

### PROMOTIONS

Joseph Sparacio to SMSgt  
Latoya Greene to MSgt  
Cory Tompkins to MSgt  
Edward Byars to TSgt  
Zachary Ellis to TSgt  
Thomas McLaughlin to TSgt  
Terrinsa Matthews to SSgt  
Emmanuel Stewart to SSgt  
Leann Travers to SSgt  
Michael Orth to SrA  
Hermina Straka to SrA  
Jourdan Jackson to A1C

### RETIREMENTS

Col. John Ptak, JFHQ/DOS  
MSgt. Jon Goe, COS  
MSgt. Matthew Sammon, CES  
TSgt. Richard Carruth, LRS  
TSgt. Wadeana Stewart, FSS

### Social Media Links:



Facebook: 166th Airlift



WingInstagram: @166thAirliftWing



Flickr: delawareairnationalguard



*U.S. Air Force 1st Lieutenant Tyrell Hargrove inspects personal protective equipment inside DEMA headquarters, Smyrna, Del., March 27, 2020. (U.S. Army National Guard Photo by Sgt. Laura Michael.)*

### **Delaware Guard Airman uses civilian expertise in COVID-19 planning efforts**

NEW CASTLE, Del. -- Citizen Airman, 1st Lieutenant Tyrell Hargrove, spends 28 days a month working as a critical care nurse at the Philadelphia Veterans' Affairs Medical Center. During his "drill weekends," he is assigned to the 166th Medical Group.

Early in Delaware's fight in the COVID-19 crisis, he was called to State Active Duty to serve as a Medical Liaison Officer between the Delaware National Guard, Delaware Emergency Management Agency (DEMA) and the U. S. Army Corps of Engineers (USACE). His mission during the crisis: he is one of only three DNG members of the Medical Surge Task Force charged with performing site surveys of potential ad hoc facilities that could serve as acute care centers for non-COVID-19 infected patients. When the expected surge of critically ill COVID-19 cases overwhelms the state's hospitals, these facilities could provide safe places for the treatment of non-critical, acute care patients and will serve to take some of the burden off Delaware's critical care facilities.

Coupled with the USACE's construction capacity and DEMA's emergency management facility, Lieutenant Hargrove's insights enable him to assess the medical feasibility of turning a warehouse, conference space or even a gymnasium into an acute care facility. The task force is looking to open facilities in all three Delaware counties.

"It makes my life fulfilling to help people in either a military capacity with the Delaware National Guard, or in my regular career as a critical care nurse helping our veterans," said Hargrove.

For more 166th Airlift Wing news and photos, please visit: [www.166aw.ang.af.mil](http://www.166aw.ang.af.mil)  
For more DE National Guard news and photos, please visit: [www.de.ng.mil](http://www.de.ng.mil)

### **May 2020 RSD options**

Airmen may attend drill from anywhere from zero periods to a max of 4 periods at 4 hours each or a combination of TW and attendance. As the full-time force here to support DSGs, AGRs and Technicians may elect one of those 3 days (15-17 May) as a telework day unless other arrangements are made per commander approval. Commanders will coordinate AGRs' and technicians' attendance to provide training and support to the base.

To TW for May RSD, members MUST meet TW requirements PRIOR TO performing TW. DSGs must obtain a CAC reader (available for pickup at unit or mailed at member's expense), complete attached TW agreement & IMT 3631, and download

Microsoft CVR Teams (or another sanctioned platform of choice) to prepare for events. (Note: downloading these apps on your non-military device [phone, tablet, PC] works MUCH better than on the military network.) ALL members (regardless of status) must complete the DENG military TW requirements (that are different from the requirements set forth by OPM for technicians). Also, technicians who used Weather and Safety leave ARE eligible for drill status TW. No airmen will be paid for TW without the proper military signed TW agreements that must have been completed by COB Th 14 May. All TW documentation will be retained at the Group level.

...And *that's* the DANG Truth!



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*Stay connected during the coronavirus crisis*  
**WITH THE AIR FORCE CONNECT APP**

Team DANG,

Have you downloaded the AF Connect app from the App Store or Google Play yet?

The need for up-to-date information in an instant is imperative during this time of constant change and frequent updates.

This app will keep you up-to-date with push notifications as well as accurate and timely information at the touch of a button.

Click the following links to download on your respective device and see the following screenshots on how to add the 166th Airlift Wing's tab as a favorite.

App Store (Apple Devices):

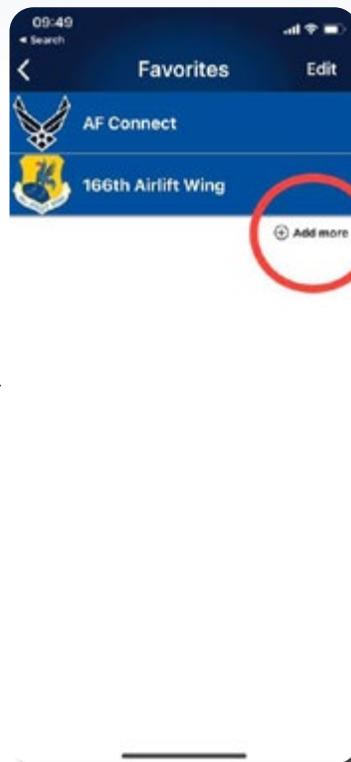
<https://apps.apple.com/us/app/usaf-connect/id1403806821>

Google Play (Android Devices):

<https://play.google.com/store/apps/details?id=com.m360connect.usaf>



1. Tap on "FAVORITES"



2. Tap on "Add more"  
then select "166th  
Airlift Wing"



3. See these tiles  
appear that point to  
important links



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DELAWARE NATIONAL GUARD

## Facemask standards for COVID-19 safety

The primary purpose of a cloth face covering is to prevent the spread of coronavirus between people interacting in close proximity where social distancing measures cannot be maintained.

To the extent practical, DOD requires all persons on DOD property, installations, and facilities to wear cloth face coverings when they cannot maintain 6 feet of social distance in public areas or work centers (not to include housing).

The neck gaiter and other cloth items used as face coverings, such as bandanas and scarves, are authorized to be worn.

### Bandana Cloth Face Covering (no-sew method) per Surgeon General Dr. Jerome Adams

1

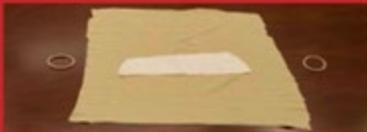
#### GATHER MATERIALS



Neutral-colored T-shirt or square cotton cloth approximately 20"x20". To the extent practicable and when available, cloth face coverings will be subdued in color and conform to the Army/Air uniform. (OCP colors are preferable, black or white are acceptable).



Coffee filter - Fold top down. Fold bottom up (to be placed in center of the 20"x20" piece of material).



Rubber bands (or hair ties).

2

#### ASSEMBLE AND FOLD



A. Place coffee filter in center. Fold top down to the middle.



B. Fold bottom up to the middle.



C. Repeat steps A and B.



D. Fold in the ends and affix bands.

3

#### WEAR



Wrap elastic bands around both ears. Be sure that the mask covers both your nose and mouth.

Army ACU and Air ABU/OCP material is not recommended for use as a face covering because of the type of fabric used and the different treatments, like insect repellent and flame retardant, applied to the fabric.

Surgeon General instructional video:

<https://www.youtube.com/watch?v=tPx1yqvJgf4>

Army Guidance on the Use of Face Cloth Covering:

<https://www.milsuite.mil/book/docs/DOC-775837>





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## A Message of Hope from Chaplain Susannah Tulloch

Hope is a constant when it comes to the spiritual realm in our total readiness to combat changes. It is not a feeling that comes and goes with the waves of circumstance. How do I increase my hope? Your Chaplain Corps would like to support you in this readiness vector. Here is a chart with questions to ask yourself, discuss with your Wingman, unit, family, friends, or Chaplain. Know you remain in our thoughts and prayers.

166 AW Chaplain Corps  
 Chaplain Duty Phone: 302-463-6883



**Table 5.1 HOPE Approach to Spiritual Assessment**

<p><b>H</b>  <b>Spiritual Resources</b></p>	<p>What are your sources of <b>hope</b> or comfort?            What helps you during difficult times?</p>
<p><b>O</b>  <b>Organized Religion</b></p>	<p>Are you a member of an <b>organized religion</b>?            What religious practices are important to you?</p>
<p><b>P</b>  <b>Personal Spirituality</b></p>	<p>Do you have <b>spiritual beliefs</b>, separate from organized religion?            What <b>spiritual practices</b> are most helpful to you?</p>
<p><b>E</b>  <b>Effects on Care</b></p>	<p>Is there any conflict between your beliefs and the <b>care</b> you will be receiving?            Do you hold beliefs or follow practices that you believe may affect your <b>care</b>?            Do you wish to consult with a religious or spiritual leader when you are ill or making decisions about your <b>healthcare</b>?</p>

**Source:** Anadarajah, G., & Hight, E. (2000). *Spirituality and medical practice: Using the HOPE questions as a practical tool for spiritual assessment.* [www.aafp.org/](http://www.aafp.org/).



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## BE A GREAT FOLLOWER!

By Chief Master Sergeant Robbie L. Hunt, 166th Airlift Wing

I am a follower and I aspire to be a great follower! That is probably something that you don't often hear from individuals in leadership roles, but it holds true for me. Nevertheless, I believe that we must maintain being followers because it characterizes how we lead.

From a military posture perspective, the relationship between being a subordinate, manager, and leader is widely understood and recognized across the Air National Guard. A great deal of time is put into our understanding of the Enlisted Force Structure and Air Force standards. For us, as Non-Commissioned Officers developing our leadership skills enhances our management toolbox. Development in this area, both in official and personal settings, also increases the prospect of improved performance as we proceed through the ranks. Learning from the bottom up is what we do, and we preach leadership early and often to our junior enlisted. Coincidentally, while we spend a considerable amount of time developing our leadership skills, one essential element of leadership is often neglected, following!

From my perspective, being a great follower is grossly overlooked, but it is vital to becoming a successful leader in today's Air Force. Followers within our ranks are just as crucial as the leaders. Much of what it takes to be a great leader, a great follower also exhibits. It takes humility, a willingness to serve, unselfishness, and dedication to be a great follower. A great follower not only gets the job done, but they also influence their leaders. Therefore, understanding the qualities of being a great follower matters a lot! With that being said, enhancing followership skills receives only a minor fraction of the promotion that leadership does in many formal settings of development.

After speaking with a number of the Airmen here in Delaware, I was surprised to learn about some of their views as it relates following. We often hear things such as "Airman Snuffy" is a yes-man/woman or a brown-nose but is that really the case? Being able to take direction and



execute on your leadership's vision, mission, and priorities are characteristics of a great follower. However, the moniker 'A great follower' is often viewed as a roundabout compliment and sometimes a flat-out diss. It is not the reputation our Non-Commissioned and Senior Non-Commissioned Officers would necessarily like if they are seeking future leadership positions within the Air National Guard. Throughout my 20 years in the military, I've rarely heard anyone praised for how well they follow. That is because, in some circles, there has been sort of a stigma attached to being a follower. It is a shame because we cannot reach the higher levels of leadership within our Air Force without first establishing the capacity to follow. The fact is, in our enterprise, each person is both a leader and a follower depending on the circumstances, so there should not be any stigma associated with being a great follower.

So, what does it mean to be a great follower? The concept can be broken into three parts. First, to be a great follower, you need to aid and support your leadership. That means supporting your leadership's vision, goals, and priorities. Second, a great follower shows the ability to take guidance and direction. This means that you think about what's being conveyed to you, use reason, and find a way to make the appropriate action to be successful. Third, great followers know how to be part of the team and bring what is expected of them as Airmen. How well we follow as NCOs and SNCOs is perhaps just as vital to mission success as how well we lead.

If improving your leadership abilities is vital to your development, improving how you follow is just as valuable. An Airman being a follower doesn't always mean taking the back seat, actually it means you are leading from the bottom up. It takes humility, a willingness to serve, unselfishness, and dedication to be a great follower. Remember, a great follower can become a great leader, and great followers help correct the ship. The way you follow will directly drive your leadership style. So, always aspire to be a great follower!



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## ANG/USAFR Point Credit Summary Inquiry (PCARS) FAQs

### Q. How are points awarded?

A. Points are credited as follows: one AD point per day or one point per four hours (not to exceed two points per calendar day) for IDT. ECI points are credited based on one point for every three hours of study. Fifteen membership points are awarded for a full R/R year (365/366 days). Periods of less than a full R/R year are prorated.

### Q. What is an R/R year?

A. An R/R (Retention/Retirement) year is the 12 consecutive months in which an active ANG or USAFR member is required to accrue a minimum of 50 retirement points (including membership points) for a satisfactory year of service.

### Q. Why has my R/R date been changed?

A. In most cases, the R/R date was entered into the system incorrectly when your record was gained. This could have been caused by not having dates for all prior service.

### Q. As an IMA how do I keep my R/R year and FY requirements straight?

A. Know your R/R date (this is the date you took your oath of office) and plan to do your paid IDTs and AT so you earn at least 35 points in that R/R year. This, along with your 15 membership points gives you the 50 points needed for a good year for retirement purposes. The FY runs from 01 OCT to 30 SEP and is for funding. Funding will prevent you from doing more than 12 days of AT and 12 days of paid IDT per fiscal year.

### Q. How many points equal one year of satisfactory federal service?

A. You are credited with a year of satisfactory federal service for retirement when you earn a minimum of 50 points (including membership points) in a full R/R year. A partial year of satisfactory federal service is credited when you earn the minimum number of required points (including prorated membership points) during a partial R/R year.

### Q. When should I receive my AF Form 526, ANG/USAFR Point Credit Summary in the mail?

A. The form is produced annually approximately 60 days after the last day of your R/R year.



### Q. If I find an error and wasn't credited with points for an AD, IDT, AT, ECI, or IDS period, where do I go?

A. Bring supporting documents (i.e. previous year AF Form 526, AF Form 40A, LES, and for ECI points, send the volume completion certificate that includes the completion date, course number, volume number and course study hours) to your local MPF for changes on the previous R/R year. All other R/R year changes

with supporting documents must be sent to HQ ARPC/DPPKB, 6760 E. Irvington Place #2100, Denver, CO 80280-2100.

### Q. What if I do not have supporting documents in my possession?

A. You must apply to the board of correction for military records (BCMR)<sup>1</sup>.

### Q. Why do I have dual tracking on my training (FY and R/R)?

A. Both are based in law. The R/R training requirement was established by Title 10 U.S.C. 12642, 12732, 10147, and 8360 (d). These cite all references to a 50-point minimum requirement within a calendar year for awarding a good retirement year. Title 10 U.S.C. 10204 refers to a FY tracking of satisfactory participation (12/14-day annual tour and 24/48 IDT periods.) Plan your training with both requirements in mind.

### Q. Can I earn retirement points while assigned to the Retired Reserve?

A. You cannot earn or be credited with retirement points, including membership points, while assigned to the retired Reserve.

### Q. How can I retire on a partial year?

A. Since points are prorated for partial years, you should contact your MPF with a date you wish to retire. Your MPF will have you fill out an AF Form 131, Application for Transfer to the Retired Reserve and forward it to HQ ARPC Retirements Branch for processing. A retirements technician will then verify you have enough points in the partial year to be credited with satisfactory service. If you do not have enough points/service, then the retirements technician will notify your MPF. If you do have enough points/service, the Retirements Branch will continue to process the AF Form 131 with the date you requested.



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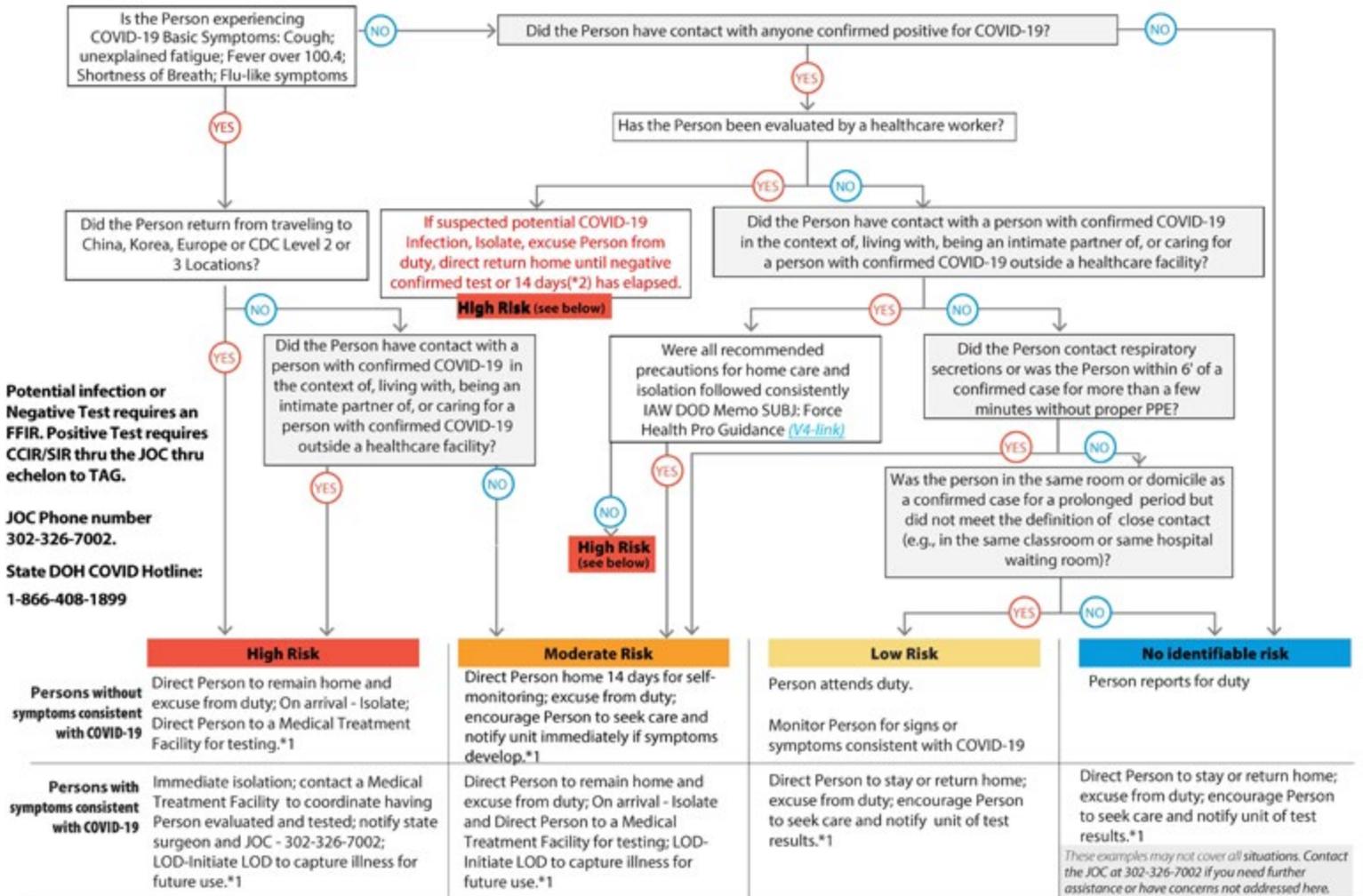
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## COVID-19 RISK MITIGATION

### DNG COVID-19 Risk Assessment and Command Decision Making Matrix

19MAR2020 v2

Each question refers to the 14 days preceding



Potential infection or Negative Test requires an FFIR. Positive Test requires CCIR/SIR thru the JOC thru echelon to TAG.

JOC Phone number  
302-326-7002.  
State DOH COVID Hotline:  
1-866-408-1899

\*1 -Direct Person to notify unit of test results and identify any contact the Person had with anyone in the workplace if the result is positive for COVID-19.  
\*2 - 14 days from evaluation by healthcare worker .  
Symptoms per the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/index.html>  
Travel Info and CDC Travel Health Levels: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

COVID-19 Basic Symptoms:  
-Cough, unexplained fatigue -Fever over 100.4  
-Shortness of Breath -Flu Like Symptoms

*These examples may not cover all situations. Contact the JOC at 302-326-7002 if you need further assistance or have concerns not addressed here.*



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## From the Psychological Health Office

Happy Mental Health Awareness month! Throughout the month, you will find organizations across the US providing education about mental illness and how it impacts the lives of individuals and communities. If you know someone challenged with mental illness, please remember to be empathic, respectful, and understanding of their challenges.

As mentioned in today's message from General Berry, "now more than ever, it is important to pay attention to our mental health, as well as our physical health." I wholeheartedly agree. This is the time to take care of one another and yourself. Taking a knee is NOT a sign of weakness, rather it is a sign of strength and resilience.

If you know someone in need of mental health support, contact the 166 AW Psychological Health Program Office or refer to one of the confidential resources listed below:

**Air Force Employee Assistance Program**

Magellan Healthcare  
866-580-9078  
[www.magellanascend.com](http://www.magellanascend.com)

**State Employee Assistance Program**

Health Advocate  
[www.healthadvocate.com](http://www.healthadvocate.com)  
Member login is: "State of Delaware"

**Military OneSource**

800-342-9647

**Vet Centers (Readjustment Counseling)**

877-WAR-VETS  
<https://www.vetcenter.va.gov/>

**Veterans Crisis Line**

800-273-8255 (press 1)  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Lastly, I will be away from the office 4 MAY – 1 JUN. My colleague Mrs. Charlene White, OK ANG Director of Psychological Health will provide mental health support in my absence. Mrs. White may be reached by telephone at 405-686-5145. Please leave a confidential message if she is unavailable to take your call right away. Be well!!!!

## The U.S. Air Force thanks our COVID-19 responders!



*Two flyovers were staged to salute the medical professionals who work selflessly to treat those infected with coronavirus. On 28-April, the Air Force Thunderbirds and Navy Blue Angels flew between New York City, Philadelphia and Delaware. On 6-May, a C-17 Globemaster III from Dover AFB flew throughout Delaware to show support for our first responders and health care workers!*