



THE **DANG** TRUTH

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The Official Newsletter of the 166th Airlift Wing | Delaware Air National Guard



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DANG FAMILY DAY

The 166th Airlift Wing Hosted DANG families during September RSD.



NEW CASTLE AIR NATIONAL GUARD BASE, Del – Members of the 166th Airlift Wing and their families celebrated Family Day at New Castle Air National Guard Base, Del. on Sunday, Sept. 11, 2022. The event returned after a 5-year hiatus, and included a 9/11 remembrance, static displays, games, a car show, and food provided by local vendors. (Air National Guard photos by Tech. Sgt. Alonzo Chapman)

UPCOMING EVENTS

17-Dec	Military Ball	NCCA
17-18 October	TRIAD Conference	
17-23 Aug 2023	UEI Capstone	NCCA

Social Media Links:

Facebook: 166th Airlift Wing Instagram: @166thAirliftWing Flickr: delawareairnationalguard

See "Family Day" continued on page 2

...And *that's* the DANG Truth!



"Family Day" continued from page 1

DANG FAMILY DAY ALBUM





SEPTEMBER IS SUICIDE PREVENTION MONTH

See the signs, reduce risk factors

The 166 Airlift Wing Suicide Prevention Program kicked off National Suicide Prevention Awareness Month (September) with several awareness activities. The 2022-2023 slogan is “Connect to Protect: Support is Within Reach.”

WHY IS PREVENTION IMPORTANT?

According to the Centers for Disease Control and Prevention (CDC), suicide is a leading cause of death in the United States. Suicide within the military community remains is a national crisis. Every suicide related death is a tragedy and has long-lasting impacts on service members, veterans, and families. Suicide is preventable. Together, we can take small steps to help someone in need.

WHO CAN HELP?

Everyone is a leader. Whether you are an emerging leader or senior leader, you play a critical role in mitigating suicide.

Here are a few suggestions to raise awareness in your unit:

1. Create a climate of connectedness in your unit or work center
2. Encourage individuals in need to seek help early and often
3. Know the warning signs of someone experiencing a mental health crisis
4. Review organizational policies and procedures related to suicide prevention, intervention and postvention
5. Remember to Ask, Care, Escort (ACE)
6. Reduce access to lethal means
7. Utilize installation and community-based helping agencies
8. Contact your Wing DPH, Mrs. Baker at 3020-323-3382 and lakenya.baker@us.af.mil for more information

WHERE CAN I FIND SUICIDE PREVENTION RESOURCES?

- Air Force Integrated Resilience www.resilience.af.mil
- Air National Guard Prevention www.ang.af.mil/prevention/
- CDC Suicide Prevention www.cdc.gov/violenceprevention/suicide/index.html
- CY2020 Annual Suicide Report www.dspo.mil
- Department of Defense Suicide Prevention Office www.dspo.mil/
- Employee Assistance Program www.AFPC.AF.MIL/EAP
- DSPO Leaders Suicide Prevention Safe Messaging Guide www.dspo.mil
- Mental Health Stigma www.resilience.af.mil
- Military OneSource www.militaryonesource.mil/
- Military and Veterans Crisis Line www.veteranscrisisline.net/
- Resilience Kneeboard www.resilience.af.mil
- The Leader’s Guide to Suicidal Behavior www.resilience.af.mil

166 AW leaders are committed to preventing suicide. Join us in our efforts to cultivate a stigma-free, help-seeking community!

For assistance with mental health resources, contact Mrs. Baker, 166 AW/Director of Psychological Health and Suicide Prevention Program Manager, at 302-323-3382 and lakenya.baker@us.af.mil.



**CONNECT TO PROTECT:
SUPPORT IS WITHIN REACH
WE'RE IN THIS TOGETHER**



166th Airlift Wing Mission, Vision & Priorities



Mission:

To produce the finest Airmen for global engagements and domestic operations, supporting families and serving our communities.

Vision:

America's Premier Tactical Airlift Wing Providing World Class Capability for the State and Nation.



Mission, Recruiting/Retention, Sustainable Legacy

Guarding America - Defending Freedom



FORCE DEVELOPMENT ACTION PLAN **UPDATE**



(U.S. Air National Guard photo by Mr. Mitch Topal)

NEW CASTLE AIR NATIONAL GUARD BASE, Del – 166th Airlift Wing E-4 through E-6 Airmen participate in a two-day First Line Supervisor class, 8-September-2022. The class is meant to teach the Airmen about the roles and responsibilities of first-line supervisors. (U.S. Air National Guard photo by TSgt Alonzo Chapman).

First Line Supervisor Class

In last month's issue of The DANG Truth, we published an article about the Enlisted Force Development Action Plan (EFDAP). The plan laid out six objective areas that will be strategically evaluated and reformed to meet the needs of our future force. The six areas covered by the EFDAP (Competition-Focused Force, Front Line Leader Development, Teaming to Solve Problems, Resilience is Foundational to Readiness, Force Development Ecosystem, and System to Match Values) coincide with efforts already underway to change how we build our Enlisted Leaders. The plan was designed to provide continuous, career-long enlisted development by integrating deliberate education, training, and experience to produce motivated, proficient, resilient, adaptable, agile, and multi-capable Airmen who fight and excel in Air Force, Joint, Interagency, Intergovernmental, Multinational, and most importantly...contested environments.

To meet the objectives of the Front Line Leader Development component, the 166th Airlift Wing staged a First Line Supervisor Course for E4 through E6 Airmen on 8-9-September-2022. The two-day class taught our enlisted Airmen about:

- First line supervisor roles and responsibilities
- AFH 36-2618 Enlisted Force Structure
- Use of the CARE Team
- Work center culture
- First sergeants as a resource
- Force management
- Wing Leadership roles and responsibilities
- Feedback-Mentorship/Communication/Counseling
- Awards and Decorations
- Self-Assessment Program Manager (IG)
- Supervisor Safety

The Enlisted Force Development Plan has a targeted timeline to get after more objectives in the near future as well.

As the DANG works to meet the objectives set forth by the EFDAP, we will continue to publish updates in The DANG Truth.



Awards, Accomplishments, & Accolades



DELAWARE AIR GUARD GRADUATES ARMY RANGER TRAINING: A Delaware National Guard Airman from the 166th Airlift Wing's Explosive Ordnance Disposal recently accomplished a feat only a select few in the military achieve: graduating U.S. Army Ranger School. Staff Sgt. Philip Magorry graduated August 19th, 2022, after 61-days of grueling training. The course trains in small unit tactics and leadership courses that develops functional skills directly related to units whose mission is to engage the enemy in close combat and direct fire battles. Well done SSgt Magorry! Way to represent the State! (Courtesy photos)



NEW CASTLE AIR NATIONAL GUARD BASE, Del. -- SrA Kelly Leibolt, 166 FSS/Services has completed ALS Graduation at McGhee Tyson and was awarded the John Levitow Award...first in her class. (U.S. Air National Guard photo by TSgt. Alonzo Chapman).



Congratulations to the 166th Airlift Wing's Explosive Ordnance Disposal Flight for winning the Air National Guard's EOD Flight of the Year Award!



MSgt. Panico of the 166th Civil Engineer Squadron's electric shop is an electrical teacher at Delcastle Technical High School. He helped coordinate a training day for the electrical students. Here, SSgt. Gabriel A. Connaghan of the 166th CE Squadron brought a line truck to the school to help teach the students how to operate the bucket. (Courtesy photo)

AIRMAN SPOTLIGHT

Senior Master Sergeant Andrew J. Klabunde

166th Airlift Wing Airfield Manager

DANG Truth: I know you're one of the members who's been here for a while

SMSGt Klabunde: I've been at the Delaware National Guard for over 37 years. For the first 12 years I was in the Delaware Army National Guard, and for the next 25 years I've been in the Delaware Air National Guard.

DANG Truth: What attracted you to the guard?

SMSGt Klabunde: One, to be able to serve. Two, because of the job training and education benefits. Being in the ANG I got my CCF degree [Community College of the Air Force]. And with the GI Bill I was able to get my daughter a full ride at a very good school.

DANG Truth: So you're responsible for the movement of aircraft?

SMSGt Klabunde: My full title is Flight Services Manager. I oversee the Airfield Management section and the Aviation Resource Management (ARMS) section. As the Airfield Manager we are responsible for both the physical condition of the surfaces of the ramp and apron. We coordinate with [Delaware River and Bay Authority] (DRBA) as well as the 166th Civil Engineer Squadron to do the repainting of lines, monitoring concrete to see if there's any damage. And there are some environmental well out there that need to be periodically checked so I work with CE and our environmental manager.

DANG Truth: So, how does the POTUS mission fit into the normal day to day operations?

SMSGt Klabunde: Well, it requires me to be in close communication with DRBA, the U.S. Secret Service, the HMX1 Which is the Marine Corp's unit that oversees Marine One, and also leadership which includes the Joint Operations Center (JOC) to keep them abreast of the status of the POTUS movement. We need to adjust our flying schedule accordingly.

DANG Truth: Can you tell me what a typical day is for you?

SMSGt Klabunde: Generally reviewing the day's flying. Who and what are flying today and what kind of missions are we flying. We have status boards up there. If I'm the first one in, I usually update the board. I will then review any Notices to Airmen (NOTAM) that are applicable to Wilmington. To see if there are any [flight] restrictions that might impact us. I get paperwork done that is for



crew accountability and for risk management. I also perform other duties. I'm the unit security manager, so I monitor people's clearances. Then at 10:15 we have a daily flying schedule meeting where we'll review what aircraft are flying. And as the POC for POTUS movement, I'll advise crews about any temporary flight restrictions (TFRs) that are in place. I'll also perform a daily check on the condition of the ramp and also monitor the status of birds. Birds are a major hazard. We've had two bird strikes in the last two weeks. One of them caused the crew to abort the flight when it struck around the LOX cooler. It didn't do any real damage but it did force them to abort the flight.

DANG Truth: As Airfield Manager, tell me about some of the things that stand out – anything different, or out of the ordinary that you remember.

SMSGt Klabunde: It's been a real privilege to support the President of the United States. Regardless of politics – it's about serving the office. Also, supporting the DANG's 75th Anniversary. We managed to get at least one unique aircraft in here. But probably the biggest thing I've enjoyed while being Airfield Manager is the travel. I've been to Panama, Ecuador, Germany; getting out to see other cultures. I had a really cool trip Portugal. You always have enough free time to explore the culture of these countries, especially the food and drink.

DANG Truth: How about deployments?

SMSGt Klabunde: Of the real deployments in support of operations, I've been to Afghanistan, Uzbekistan, Kuwait, and Qatar and involved in supporting Operation Enduring Freedom, Operation New Dawn, and Iraqi Freedom. When I was in Qatar, I think I saw about four rain drops. The temperature was between 125 and 135 degrees on the tarmac. When you first open up the aircraft door after flying along at a comfortable 65 degrees the heat really hits you like when you open an oven.

DANG Truth: So, what is in your future?

SMSGt Klabunde: I'll definitely be done in four years. If the numbers all work out, I want to be retired. As for the wing, I'd like to see them get the latest J-model C-130s. We have a lot of talent here that can operate them.



Promotions & Retirements

September 2022

Promotions

Vincent Giorgio to Maj
Letecia V. Adams to TSgt
Joshua G. Kozak to TSgt
Christopher B. Jackson to SSgt
Kirk M. Christensen to SrA
Brandon A. Muniz to SrA
Arianna N. Alcocer to AMN
Gian Luca Disanto to AMN
Joshua J. Paul to AMN

Retirements

Maj. Marianne Maynard 142d AES
CMSgt David Gazzara 166th CES
CMSgt Keith Zulkowski 166th FSS
SMSgt Mickey Dixon 166th OSS
MSgt Todd Hughes 166th MDG
TSgt Angela Giroud 166th AW





Enlisted & Officer Scorecards

By Senior Master Sergeant Faith C. Fleischman
166 AW Human Resource Advisor



SMSgt Faith C. Fleischman
Human Resource Advisor
Phone: (254) 702-7260
Email: faith.fleischman@us.af.mil
Office – Located in 2600, upstairs between Legal and the Chaplain offices

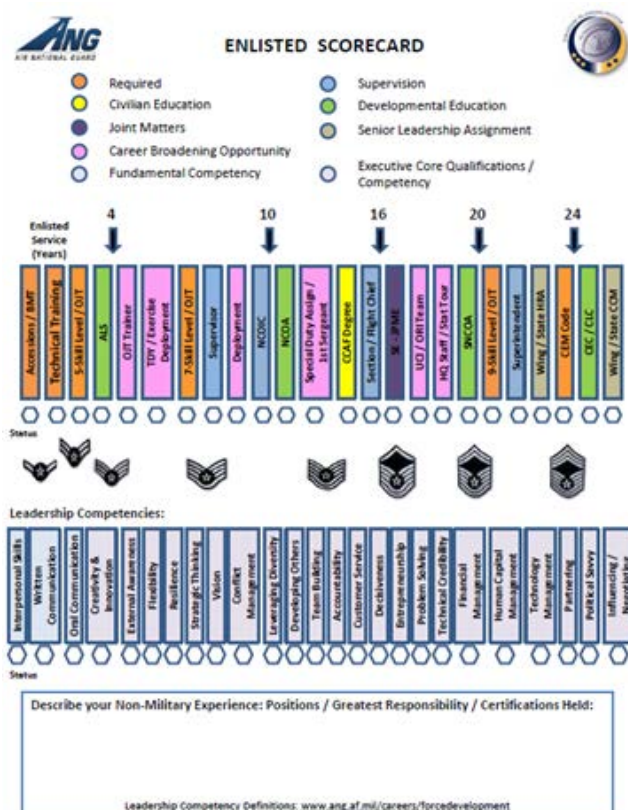
In addition to Diversity and Inclusion (D&I) courses, the Human Resource Advisor Program also offers Professional Development assistance and support. Preparing for your next big promotion or next career move? The Human Resource Advisor can help!

Professional Development is important for all Airmen and helps us continue to not only be competent in our professions, but also excel in it. Professional Development refers to continuing education and career training in order to help Airmen develop new skills, stay up to-date on current trends and advance your career. The Enlisted / Officer Scorecards are an important tool in professional development and can be used as a roadmap to success in the ANG.

The Scorecard can be used as a roadmap to track your career path and competencies. The Enlisted and Officer Scorecards are broken out into 3 different sections: Enlisted/Commissioned Service (Years), Leadership Competencies, and a free text

section to describe your non-military experience. Use this Scorecard to plan your path to a successful career! PDF version located here: https://www.ang.af.mil/Portals/77/documents/force_dev/AFD-111028-009.pdf?ver=2016-09-21-092847-617

If you'd like to learn more about how the HRA can assist with your Professional Development, swing by my office or send me an email. Also, don't forget the HRA Diversity & Inclusion series courses are offered to the Wing every Saturday and Sunday of RSD. Check the RSD Plan and monthly email for locations. See you there!



Feathers of the Wing

A historical perspective by BG (Ret.) Kennard Wiggins, Curator of the Delaware Military Museum

Earl T. Ricks Memorial Trophy Race

Maj. David F. McCallister wins cross country race with unique strategy



Cindee Lind 7th is refueled with engine running, during a pit stop at the Ricks Trophy Race in 1956. Note the high polish, a single drop tank, and the faired-over gun ports to reduce aerodynamic drag and increase air speed. Pilot David McCallister took first place in the 1956 race across the United States. (Courtesy of the Delaware Military Heritage and Education Foundation.)

In July 1956, Major David F. McCallister (142nd Fighter Bomber Squadron Commander) set a fighter record by flying his F-86 Sabre jet 1,922 miles in three hours, 30 minutes, to win the Earl T. Ricks Memorial Trophy.

Cindee Lind 7th is refueled with engine running, during a pit stop at the Ricks Trophy Race in 1956. Note the high polish, a single drop tank, and the faired-over gun ports to reduce aerodynamic drag and increase air speed. Pilot David McCallister took first place in the 1956 race across the United States. (Courtesy of the Delaware Military Heritage and Education Foundation.)

“In 1957 there was a cross country race, and Lt Col McCallister entered one of our F-86s. We sealed off the gun ports, bolted the slats, polished it up and tried to get rid of all of the parasite drag that we could. We used to practice refueling until we had it down to about a minute just like a pit stop on one of those race cars you see. In the actual race we used only one drop tank because that’s all the range you needed. I think we stretched about every safety rule in the book. We serviced the airplane with the brakes smoking and the engine running. He won the race and I understand that there was quite a party afterward...” Master Sergeant C.T. Lee



Cindee Lind 7th piloted by Lt Col David McCallister is taxiing into position during the annual Ricks Trophy cross-country race. His crew chief for the race was Bill Roberts, assisted by Ed Blackburn, Jack Ellingsworth and others. (Courtesy of the Delaware Military Heritage and Education Foundation.)

BIRTHDAY CELEBRATION FOR A LEGEND OF AIR POWER

WWII B-17 pilot U.S. Army First Lt. Raymond Firmani (Ret.) turns 101



NEW CASTLE NATIONAL GUARD BASE, Del. -- The Delaware National Guard wishes U.S. Army First Lt. Raymond Firmani (Ret.) a happy 101st birthday Sept. 19, 2022. Firmani was a World War II B17 Pilot where he flew 25 combat missions in over Germany and received the Distinguished Flying Cross. (U.S. Army National Guard photo by SGT Alyssa Lisenbe)

Firmani, a Delawarean since he was five years old, grew up in Wilmington's Little Italy section. He became head of his household after his father died from injuries received during World War 1. After giving up his 3A status (hardship – head of household) so that he could serve instead of his younger brother, Ray was assigned to the 486th Heavy Bombardment Group (HBG) based in Sudbury, England. The 486th HBG supported ground operations during the Battle of the Bulge.

NEED HELP WITH FINANCIAL MATTERS?



MAKE THE MOST OF YOUR MONEY

Personal Financial Counseling (PFC) can help you and your family: manage finances, resolve financial problems and reach long-term goals such as getting an education, buying a home and planning for retirement.

SUPPORT AND COUNSELING SERVICES

- Confidential financial consultations for individuals and families
- Referrals to military and community resources
- Support for family members during deployment
- Help with credit management and budgeting
- Help navigating benefits



TRAINING AND WORKSHOPS

- | | |
|--|---|
| <ul style="list-style-type: none"> - Money Management - Budgeting and Developing Spending Plans - Debt and Credit Card Management - Consumer Rights and Obligations (dealing with creditors) - Financial Planning: Reaching Life Goals - Financial Readiness and Economic Security - Financial Readiness for Deployment - Transitioning to Civilian Life | <ul style="list-style-type: none"> - Home Buying - Understanding Mortgages - Preventing Foreclosure - Kids and Money: Raising Financially Savvy Kids - Military Benefits, Pay and Entitlements - Savings and Investments - Retirement Planning - Estate Planning - Taxes |
|--|---|



PFC services are no cost, private and confidential.

Your financial needs are likely to change over the years, so financial counseling services are available as often as you want for as long as you're eligible. The number of sessions is unlimited.

Set up a time to meet with our DNG Personal Financial Counselor!


Greg Coverdale, CFP® (Contractor)
Personal Financial Counselor (PFC)

O DE National Guard - JFHQ
 P 302.505.4650
 E pfc.de.ng@zeiders.com

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The expert tutors at Tutor.com can help you work through a tough homework problem, improve your writing skills, study for a test, review a difficult concept and so much more!



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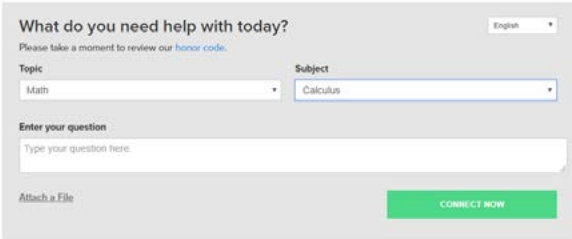
1. Go to: [tutor.com/military](https://www.tutor.com/military).
2. Review eligibility requirements.
3. If eligible, create or sign into your free Tutor.com account.
4. Click on “Connect with a Tutor.”

01

02

Get the right tutor

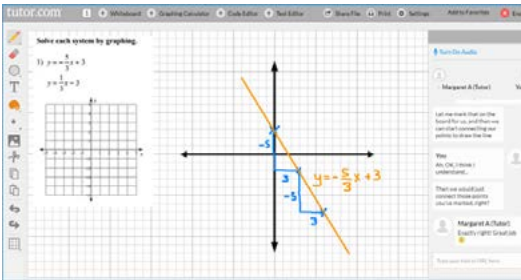
Fill in the quick pre-session questionnaire. Using this information, we will match you with the first available tutor best qualified to assist you.



03

Communicate


You can use our chat box or an audio connection to either instant message or speak with your tutor once in the online classroom. You and the tutor may also use the interactive whiteboard to share work and ideas. All activity in the classroom is recorded for review and quality control.



04

Share a file

You can share many types of files with your tutor in the classroom. Upload an essay, your lab report, a PowerPoint presentation and more. You and your tutor will be able to view the file together in the classroom.



www.tutor.com/military



DELAWARE NATIONAL GUARD FAMILIES

Superhero Movie Night

FRIDAY, SEP 30, 2022

1800-2030 hours

Stern Readiness Center

1420 Newport Gap Pike
Wilmington, DE 19804



We're powering up the Bat-Signal and calling DNG Superheroes of all ages out for a night of fun, costumes, and movies! There are reports of Supervillains massing at Stern Armory so suit up in your favorite Superhero costume and assemble. We will have activities, a costume contest and SUPERHERO MOVIE. There's no telling who might drop in to try to foil our night.. The Joker, Thanos or even DARTH VADER.



Facepainting for our kids - Pizza dinner will be served to our families, along with a special treat - Rita's Water Ice!



The event is no cost and open to all ages of DNG Youth – who are dependents of currently serving DE ARNG and ANG members. Parents must accompany and stay with their children

DNG Families MUST pre-register our Guard Kids attending, so we have enough supplies and food!



SCAN ME

REGISTER → <https://www.signupgenius.com/go/4090940A8AA29A3FF2-dng/youth1>

You may need to register on a non-government device

For questions, please contact:

Patrick Devlin, CTR

Lead Child & Youth Program Coordinator
302-943-0752 cell
patrick.m.devlin.ctr@army.mil



CHILDREN'S SERVICES | FAMILY | COMMUNITY



Follow Us
@ DENGChildandYouthPrograms

DISCLAIMER: The Delaware National Guard does not endorse individual companies or agencies. The information provided herein is distributed to our Soldiers and Airmen in the event they may wish to take advantage of the stated offer or event. This message is not an endorsement for the company/organization or its affiliates named within the content of the message.



J.E.E.P.

-- Joint Enlistment Enhancement Program --

HELP US FIND THE NEXT DNG SOLDIER OR AIRMAN!

EARN CASH INCENTIVES FOR EACH REFERRAL THAT JOINS THE DELAWARE NATIONAL GUARD:

**\$250 @ ENLISTMENT PLUS
\$250 @ DEPARTURE FOR TRAINING
OR
\$500 @ ENLISTMENT IF FULLY QUALIFIED**



Air National Guard

5 EASY STEPS!

1. FIND AN APPLICANT & SCAN THE QR CODE
2. THEY ENTER THEIR CONTACT INFORMATION
3. YOU ENTER YOUR UNIQUE ID CODE
4. RECRUITERS CONTACT AND PROCESS THE LEAD
5. YOU EARN IF THEY JOIN!

CONTACT SAMUEL.LEWIS.2@US.AF.MIL FOR MORE INFORMATION



Army National Guard

THE DANG NEEDS YOUR HELP!

We need volunteers to become first sergeants...



CONTACT: CMSgt Michael Murphy
michael.murphy.28@us.af.mil
DSN: 445-7549
Com: 302-323-3370

First sergeants are a dedicated focal points for all readiness, health, morale, welfare and quality of life issues within their organizations. These are key members to the commander and are a critical link for Airmen. The first sergeant position gives highly motivated SNCO's an opportunity to grow leadership skills to prepare them for future leadership roles within an organization.

...and honor guard members



CONTACT: SMSgt Karen King
DSN: 445-7424
Com: 302-323-3424

MSgt Jacquelyn Croy
DSN: 445-7424
Com: 302-323-3424

The Air Force Honor Guard Program is the final demonstration of respect, honor and gratitude for those who have faithfully defended our nation. If you desire a chance to excel above and beyond your regular duty, join the base honor guard today.



Mr. Jovy Juanillo | Delaware Military OneSource Consultant Contractor
 Jovy.juanillo@militaryonesource.com
 Mobile: (302) 494-3825
 Office: (302) 326-7455
 Visit www.militaryonesource.mil or call: 800-342-9647

MILITARY ONE SOURCE

ADOPTION HELP IS JUST A CLICK AWAY

Military life is not a barrier to adoption and foster care. As a service member, you can undoubtedly foster and adopt children. For those looking to grow or begin a family while in the military, it would be in their best interest to talk to a Military OneSource adoption consultant to help navigate the process. The military contains too many acronyms, as are the foster and adoption processes. Acronyms like ICPC, CFTM, and GAL are just a few you need to know and understand. A Military OneSource adoption consultant can guide service members through the process of adopting or fostering a child. Check out more information about fostering or adopting by clicking on the link below.

<https://www.militaryonesource.mil/confidential-help/specialty-consultations/adoption-consultations/military-onesource-adoption-consultations/>





Magellan
HEALTHCARE.

Momentum

Knowing the signs of crisis

A mental health “crisis” is generally a dramatic change in behavior that prevents someone from functioning as usual, or they express that they may harm themselves or others. Signs of a crisis can include:

- Difficulty functioning, such as trouble getting out of bed, going to work or doing daily tasks
- An unwillingness or inability to take care of one’s personal hygiene
- Intense or sudden changes in mood
- Psychosis such as hallucinations or delusions
- Sudden paranoia
- Feeling increasingly agitated, angry or violent
- Having suicidal thoughts or making plans
- Harming oneself or heavily self-medicating with drugs or alcohol
- Isolating or withdrawing from others

If you observe such alarming behaviors in someone, it’s important to engage that person in discussion about their condition and help arrange immediate assistance for them. See the *Mind Your Mental Health* article on page two for specific steps you can take to help keep someone safe.

Identity theft resolution

Identity theft can cause serious financial and legal problems for you. Through your program, you have access to Identity Theft Resolution services to save you time and money. You’re eligible for one free 60-minute consultation with a Fraud Resolution Specialist™ who will provide you with an ID Theft Emergency Response Kit and assist with actions like notifying credit reporting agencies and initiating fraud alerts.

Contact your program

24/7/365

for confidential, no-cost help for you and your household members.

Live Webinar—Join us on Wednesday, September 14 to learn about a vital topic, *Suicide Risk: Awareness and Prevention*. Register [here](#).

Air Force EAP
1-866-580-9078 (TTY 711)
www.AFPC.AF.MIL/EAP



A message for parents about teen driving



WWW.CDC.GOV/PARENTSARETHEKEY

EIGHT DANGER ZONES FOR TEENS BEHIND THE WHEEL

Motor vehicle crashes are a leading cause of death among teens. Make sure your young driver is aware of the leading causes of teen crashes, and put rules in place to help your teen stay safe.

NO. 1: DRIVER INEXPERIENCE. Most crashes happen during the first year a teen has a license. Provide at least 30 to 50 hours of supervised driving practice over at least six months. Make sure to practice on a variety of roads, at different times of day, and in varied weather and traffic conditions. This will help your teen gain the skills he or she needs to be safe.

NO. 2: DRIVING WITH TEEN PASSENGERS. Crash risk goes up when teens drive with other teens in the car. Follow your state's teen driving law for passenger restrictions. If your state doesn't have such a rule, limit the number of teen passengers your teen can have to zero or one. Keep this rule for at least the first six months.

NO. 3: NIGHTTIME DRIVING. For all ages, fatal crashes are more likely to occur at night; but the risk is higher for teens. Make sure your teen is off the road by 9 or 10 p.m. for at least the first six months of licensed driving.

NO. 4: NOT USING SEAT BELTS. The simplest way to prevent car crash deaths is to buckle up. Require your teen to wear a seat belt on every trip. This simple step can reduce your teen's risk of dying or being badly injured in a crash by about half.

NO. 5: DISTRACTED DRIVING. Distractions increase your teen's risk of being in a crash. Don't allow activities that may take your teen's attention away from driving, such as talking on a cell phone, texting, eating, or playing with the radio.

NO. 6: DROWSY DRIVING. Young drivers are at high risk for drowsy driving, which causes thousands of crashes every year. Teens are most tired and at risk when driving in the early morning or late at night. Be sure your teen is well rested before he or she gets behind the wheel.

NO. 7: RECKLESS DRIVING. Research shows that teens lack the experience, judgment, and maturity to assess risky situations. Help your teen avoid the following unsafe behaviors.

- **Speeding:** Make sure your teen knows to follow the speed limit and adjust speed to road conditions.
- **Tailgating:** Remind your teen to maintain enough space behind the vehicle ahead to avoid a crash in case of a sudden stop.

NO. 8: IMPAIRED DRIVING. Even one drink will impair your teen's driving ability and increase their risk of a crash. Be a good role model: never drink and drive, and reinforce this message with your teen.

Take the next step and download the Parent-Teen Driving Agreement at www.cdc.gov/parentsarethekey.



STAY CONNECTED WITH THE AF CONNECT APP

Team DANG,

Have you downloaded the AF Connect app from the App Store or Google Play yet?

The need for up-to-date information in an instant is imperative during this time of constant change and frequent updates.

This app will keep you up-to-date with push notifications as well as accurate and timely information at the touch of a button.

Click the following links to download on your respective device and see the following screenshots on how to add the 166th Airlift Wing's tab as a favorite.

App Store (Apple Devices):

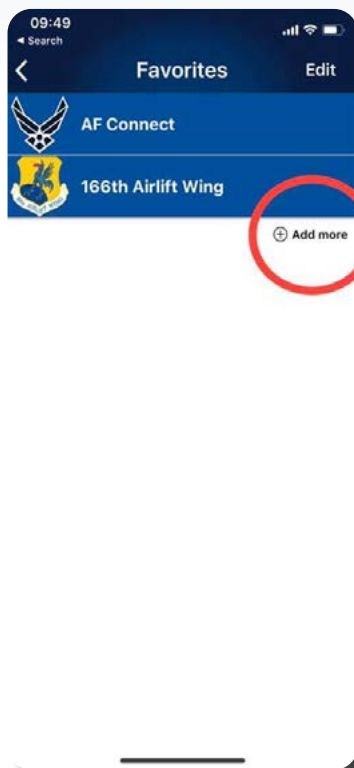
<https://apps.apple.com/us/app/usaf-connect/id1403806821>

Google Play (Android Devices):

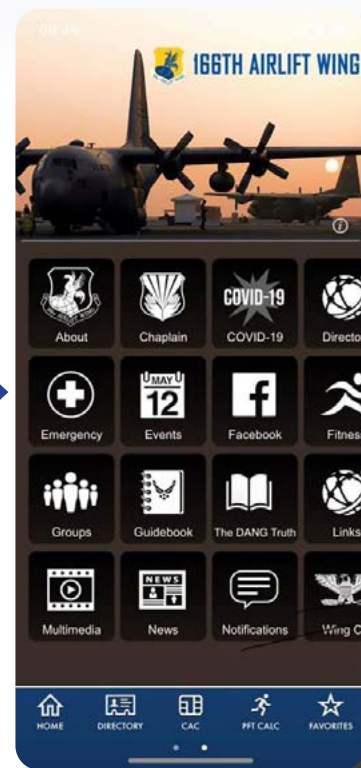
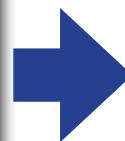
<https://play.google.com/store/apps/details?id=com.m360connect.usaf>



1. Tap on "FAVORITES"



2. Tap on "Add more"
then select "166th
Airlift Wing"



3. See these tiles
appear that point to
important links