Sexual Assault Prevention and Response (SAPR) program



Captain Valerie Camarillo

SEXUAL ASSAULT RESPONSE COORDINATOR (SARC)

SARC office: 302-323-3504 SARC cell: 302-250-1802 166AW SARC is available 24/7

> 166th Airlift Wing 2600 Spruance Drive New Castle, De. 19720

We have victim advocates available to work with you privately.

To learn more about Restricted and Unrestricted reporting contact the SARC at 302-250-1802 or visit http://sapr.mil/index.php/25reporting-options

If you have been assaulted:

- Get to a safe place
- Avoid bathing, washing your hands, brushing your teeth, and using the restroom
- Avoid eating, drinking, and smoking
- Contact the SARC at 302-250-1802 or a healthcare provider
- Seek medical care as soon as possible
- Avoid cleaning or straightening up the crime scene
- Write down, tape or record by any other means all the details you can recall about the assault and your assailant

Ten things you should know

- 1. You are entitled support no matter the timeframe
- 2. Resources are available to aid in recovery
- 3. Recovering from sexual assault usually occurs more quickly with help
- 4. There are reporting options available to you
- 5. Everyone responds to sexual assault differently
- 6. Avoid talking about the assault with those you do not know or are not response professionals
- 7. Recovery is very important and has no time table
- 8. You are not alone, we are here to help
- 9. Sexual Assault is not tolerated
- 10. Your safety is important